Count: 64
Wand: 2
Ebene: Intermediate
Choreograf/in: Yvonne Krause (USA) - July 2022
Musik: Ndihamba Nawe - Dr. Victor

## \#32 Intro - No Tags, No Restarts

## [1-8] FORWARD RUMBA BOX w/SHUFFLES

1-2 Step right to right side, step left next to right,
$3 \& 4 \quad$ Shuffle forward stepping right, left, right.
5-6 Step left to left side, step right next to left.
7\&8 Shuffle back stepping left, right, left.

## [9-16] STEP INTO A ¼ TURN RIGHT, RUMBA BOX w/SHUFFLES

1-2 Step into a $1 / 4$ turn to right side, step left next to right. (3:00)
3\&4 Shuffle forward stepping right, left, right.
5-6 Step left to left side, step right next to left.
$7 \& 8 \quad$ Shuffle back stepping left, right, left.
[17-24] ROCK BACK RECOVER, SHUFFLE 1/2, SHUFFLE 1/4, WALK WALK
1-2 Rock back on right, recover onto left.
$3 \& 4 \quad$ Shuffle $1 / 2$ turn left by stepping right, left, right. (9:00)
5\&6 Continue to shuffle $1 / 4$ turn left by stepping, left, right, left. (6:00)
7-8 Walk forward right, left.
[25-32] SIDE ROCK, CROSSING SHUFFLE, HINGE TURN, SHUFFLE FORWARD
1-2 Rock right foot to right side, recover onto left.
3\&4 Cross right over left, step left to side, cross right over left.
5-6 On the ball of left foot turn $1 / 2$ right stepping down on right foot. (12:00)
$7 \& 8 \quad$ Shuffle forward stepping left, right, left.
[33-40] ROCK RECOVER \& ROCK RECOVER \& ROCK RECOVER, LOCK BACK
1-2\& Rock forward on right, recover onto left, step back onto right foot.
3-4\& Rock forward on left, recover onto right, step back onto left foot.
5-6 Rock forward on right, recover onto left.
7\&8 Step back on right, lock left in front of right, step back on right.
[41-48] SHUFFLE 1/2, SHUFFLE FORWARD, LOCK STEP
1\&2 As you make a $1 / 2$ turn left, shuffle forward stepping left, right, left. (6:00)
3\&4
Shuffle forward stepping right, left, right.
5-6 Step forward on left, lock right behind left.
7\&8 Step forward on left, lock right behind left, step forward on left.

## [49-56] MONTEREY PENDULUM (TOTALS $1 / 2$ TURN)

1-2 Touch right toe to right side, turn $1 / 2$ right on ball of left stepping together on right.
3-4 Touch left toe to left side, turn $1 / 4$ left on ball of right stepping together on left.
5-6 Touch right toe to right side, turn $1 / 2$ right on ball of left steeping together on right.
7-8 Touch left toe to left side, turn $1 / 4$ left on ball of right stepping together on left. (12:00)
(Easier option would be two $1 / 4$ Monterey turns)
[57-64] ROCK RECOVER, SHUFFLE $1 ⁄ 2$, WALK, WALK, WALK, TOUCH
1-2 Rock forward on right, recover onto left.

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