# Jacked UP

**Count:** 32

Ebene: Intermediate

Choreograf/in: James Miessau (USA) - October 2022 Musik: Jacked Up - Charlie Farley

### Step 1 through 8

- 1-2 SStep forward RIGHT bring LEFT together
- 3-4 Step forward LEFT bring right together
- 5-6 Kick ball change
- 7-8 Swing LEFT leg around (Step 8 is the swing)

#### Step 9 through 16:

9-10	Touch LEFT over RIGHT, Step back RIGHT
11-12	Bring LEFT back over RIGHT, Step RIGHT together
13-14	Slide left (both counts)
15-16 180	turn (Turn Around, Half Turn)

#### Step 17 through 24

- 17-18 Rock forward RIGHT
- 19-20 Rock Back RIGHT
- 21-24 1/4 turn LEFT with RIGHT foot pointed out to the RIGHT (repeat x 4)

## Step 25 through 32:

- (hop to) Shift weight to RIGHT while Pointing out to the side with LEFT 25-26 27-28 (hop to) Shift weight to LEFT while pointing out to the side with the RIGHT
- 29-30 Bring left together, Bring RIGHT over LEFT, Step back LEFT w/ 1/4 turn to the RIGHT
- 31-32 Bring RIGHT back over LEFT (Start over)

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