

# 90's Ladies

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Susan Reynolds (USA) - December 2022

Musik: Ladies In The '90s - Lauren Alaina



**Intro: 4 slow 8 counts. Start with singing.**

## **WALK, WALK, SHUFFLE, ROCK, RECOVER, COASTER**

- 1-2 Walk R forward, Walk L forward
- 3&4 Step R forward, Step L beside R, Step R forward
- 5-6 Rock L forward, Recover R
- 7&8 Step L back, Step R back next to L, Step L forward

## **GRAPEVINE R, KICK-BALL-CHANGE 2X**

- 1-2 Step R to side, Step L behind R
- 3-4 Step R to side, Step L beside R
- 5&6 Kick R forward, Step R ball of foot slightly behind L, Step L in place
- 7&8 Kick R forward, Step R ball of foot slightly behind L, Step L in place

## **SIDE ROCK, BEHIND-SIDE-CROSS 2X**

- 1-2 Rock R to R side, Recover on L
- 3&4 Step R behind L, Step L to L side, Step R across L
- 3-4 Rock L to L side, Recover on R
- 3&4 Step L behind R, Step R to R side, Step L across R

## **SHUFFLE FORWARD, ¼ TURN, SHUFFLE FORWARD, ½ TURN**

- 1&2 Step R forward, Step L beside R, Step R forward
- 3-4 Step L as pivot 1/4 to R (weight returns to R)
- 5&6 Step L forward, Step R beside L, Step L forward
- 7-8 Step R forward as pivot ½ to L (weight returns to L)

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