# The Gregory



Count: 48 Wand: 4 Ebene: Improver

Choreograf/in: Gregory F. Huff (USA) - January 2023

Musik: Teknochek Collision - Slavic Soul Party!



#### \*1 RESTART

#48 count intro; start dance at :26 in music.

## SWAY (HIP BUMPS), ROCK & COASTER

Step right foot to the right as you sway your hips right, left, right, left
Step right foot forward as you rock forward, rock backward on left foot
Step right foot backward, step left next to right, step right foot forward

#### 1/4 TURN RIGHT, HEEL JACKS

1&2& Step left foot forward, step right foot ¼ turn right, cross left over right, step right foot to the

right

3&4& Cross left behind right, step right foot to the right, touch left heel on the left, step down on left

foot

5&6& Cross right over left, step left foot to the left, touch right heel on the right, step down on right

foot

7&8& Cross left over right, step right foot to the right, touch left heel on the left, step down on left

foot

#### TOUCHES & KICKS, BABY SHUFFLE, TOE HEEL CROSS HEEL, BABY SHUFFLE

1&2& Touch right toe forward, bending right knee cross right foot over left knee, touch right toe

forward, bending right knee kick right foot backward

Take baby steps to the right: step right foot to the right, step left next to right, step right foot

right

Touch left toe backward, touch left heel on the left, bending left knee cross left foot over

knee,touch left heel on the left

7&8 Take baby steps to the left: step left foot to the left, step right next to left, step left foot on the

left

# 1/4 RIGHT TURNING JAZZ BOX, SYNCOPATED CROSS ROCKING CHAIR, BABY WALK

1-2 Cross right over left, step left foot backward

3-4 Step right foot ¼ turn right, step left next to right

5&6& Rock forward as you cross right over left, rock backward as you step left foot backward, step

right next to left, rock forward as you cross left over right

7&8& Rock backward as you step right foot backward, step left next to right, walk baby steps

diagonally to the left: right, left

#### ROLL PUNCH BABY SHUFFLE FORWARD RIGHT, LEFT, BACKWARD RIGHT, LEFT

1&2 Baby shuffle diagonally forward to the right; step right, left, right as you bend your elbows and

rotate your fists in a circle around each other diagonally up to the right

3&4 Baby shuffle diagonally forward to the left: step left, right, left as you bend your elbows and

rotate your fists in a circle around each other diagonally up to the left

5&6 Baby shuffle diagonally backward to the right: step right, left, right as you bend your elbows

and rotate your fists in a circle around each other diagonally down to the right

7&8 Baby shuffle diagonally backward to the left: step left, right, left as you bend your elbows and

rotate your fists in a circle around each other diagonally down to the left

### LIGHTBULB BABY SHUFFLE RIGHT, LIGHTBULB PADDLE 3/4 TURN LEFT

1&2 Baby shuffle to the right: step right, left, right as you reach your right arm up bent at the elbow, swiveling your wrist back & forth and holding your hand as if gripping a lightbulb

3&4&	As you reach your left arm up bent at the elbow swiveling your wrist back & forth and holding your hand as if gripping a lightbulb for counts 3-7: step left foot 1/8 to the left as you pivot on the ball of your right foot, step down on your right, step left foot 1/8 to the left as you pivot on the ball of your right foot, step down on your right
5&6&	Step left foot 1/8 to the left as you pivot on the ball of your right foot, step down on your right, step left foot 1/8 to the left as you pivot on the ball of your right foot, step down on your right
7&8	Step left foot 1/8 to the left as you pivot on the ball of your right foot, step down on your right, step left foot 1/8 to the left as you drop your left arm to your side.

# **RESTART ON WALL 7:**

Complete counts 1-40; restart dance (at 3:22 in music).

Add your own style and have fun!!

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