## Short and Sweet

Count: 32
Wand: 2
Ebene: Easy Intermediate
Choreograf/in: Kate Sala (UK) \& Dee Musk (UK) - January 2023
Musik: No Bad Days (feat. Jimmie Allen) - Flo Rida
\#16 Count Intro.
Diagonal Step With Hip Sways, Diagonal Shuffle, Full Turn Left With Side Rock \& Cross.
12 Step forward on R to right diagonal swaying hips right. Sway hips L. (With dips)
3 \& $4 \quad$ Travelling to right diagonal step forward on R. Step $L$ next to right. Step forward on R.
56 Turn 1/4 left stepping forward on L. 9:00 Turn 1/2 left stepping back on R. 3:00
7 \& $8 \quad$ Turn 1/4 left with side rock left. Recover on to R. Cross step L over R. 12:00

Diagonal Step Back, Swivel In Toe, Heel, Hitch x 2, Side Step Slide x 2, Triple Step 3/4 Turn Right.
1\& 2\& Step $R$ back on right diagonal. Swivel $L$ toe in towards R. Swivel $L$ heel in. Hitch $L$ knee.
3\& 4\& Step $L$ back on left diagonal. Swivel $R$ toe in towards $L$. Swivel $R$ heel in. Hitch $R$ knee.
5
Step $R$ out to right side sliding $L$ in towards $R$. (Weight on $R$ ).
Step $L$ out to left side sliding $R$ in towards $L$. (Weight on $L$ ).
$\begin{array}{ll}6 & \text { Step } L \text { out to left side sliding } R \text { in towar } \\ 7 \& 8 & \text { Turn } 3 / 4 \text { right stepping on } R, L, R .9: 00\end{array}$
Step Forward, Lock, Step, Step Forward, Lock, Step, Step forward, Rock, Recover, Step Back x 2, Out Out.
12 \& Step forward on L. Lock step R behind L. Step forward on L.
3\& 4\& Step forward on R. Lock step L behind R. Step forward on R. Step forward on L.
56 Rock forward on R, Recover back on to $L$.
\& $7 \quad$ Run back on R, L.
\& $8 \quad$ Step $R$ out to right side. Step $L$ out to left side.
Swivel Left Heels Toes Heels With Hitch, Swivel Right Heels Toes Heels Hitch With 1/4 Turn Left.
$1 \& 2 \quad$ Swivel both heels left. Swivel both toes left. Swivel both heels left whilst hitching R knee.
$3 \& 4 \quad$ Swivel both heels right. Swivel both toes right. Swivel both heels right making a 1/4 turn left hitching L knee.

Step Forward, Rock Forward, Recover, Turn 1/2 Right, Turn 1/2 Right Stepping Back.
56 \& Step forward on L. Rock forward on R. Recover on to L.
78 Turn 1/2 right stepping forward on R. Turn 1/2 right stepping slightly back on L. 6:00

## Start Again ENJOY!

ENDING: During wall 6 facing the back, dance up to count 14 then do the triple step, turning only $1 / 2$ right to face the front wall and continue to dance $12 \& 3$ of section 3, step forward on Right. Dah Dah!!

