Our Memories (前塵)



Count: 32 Wand: 4 Ebene: High Beginner

Choreograf/in: Cat So (AUS) - February 2023

Musik: Qian Chen (前塵) - Sandy Lam (林憶蓮)



Start dance 16 counts after commence of heavy beats

Sec 1: Forward rumba box

1 2 3 4 Forward with left foot (1), hold (2), side with right foot (3), together with left foot (4)

5 6 7 8 Back with right foot (5), hold (6), side with left foot (7), together with right foot (8) ending 12

o'clock

Turning option: Spiral full turn for counts 1, 2

Forward with left foot (1), spiral full turn to the right keeping weight on left foot (2)

Sec 2: Side, cross rock, ¼ turn, cross side behind

1 2 3 4 Side with left foot (1), hold (2), cross with right foot (3), recover weight to left foot (4)
5 6 ¼ turn to the right stepping right foot forward, sweeping left foot to the front (5), hold (6)
7 8 1 Cross with left foot (7), side with right foot (8), behind with left foot sweeping right foot from

front to back (1) ending 3 o'clock

Sec 3: Hold, rock back and side, rock back

Hold (2), rock back with right foot (3), recover weight to left foot (4), side with right foot (5) Hold (6), rock back with left foot (7), recover weight to right foot (8) ending 3 o'clock

Restart here: On wall 9 facing 3 o'clock

Sec 4: 1/4 turn, cross rock & side, behind, 1/4 turn

1 2 3 4 ½ turn to the left stepping left foot forward, sweeping right foot to the front (1), hold (2), cross

with right foot (3), recover weight to left foot (4)

5 6 7 8 Side with right foot (5), hold (6), behind with left foot (7), ¼ turn to the right stepping right foot

forward (8) ending 3 o'clock

Happy dancing!

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