# **Perfect Day**



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Miia Ratilainen (FIN) - March 2023

Musik: Perfect Day - Lady A



NOTES 16 counts from the beat (app. 19 seconds), TAG at the end of dance when facing 3 or 9 o'clock.

# [1 - 8] SHUFFLE FORWARD TWICE, ROCK-STEP, COASTER-STEP

| 1 & 2 | Step right forward, step left beside to right, step right forward. |
|-------|--|
| 3 & 4 | Step left forward, step right beside to left, step left forward.   |

5 – 6 Rock right forward, recover onto left.

7 & 8 Step back on right, step left next to right, step right forward.

#### [9 - 16] ROCK-STEP, SHUFFLE BACK TWICE, COASTER-STEP

1-2 Rock left forward, recover onto right.

3 & 4Step back on left, step right beside left, step back on left.5 & 6Step back on right, step left beside to right, step back on right.

Styling: You can make two ½ left turn shuffles instead.

7 & 8 Step back on left, step right next to left, step left forward.

#### 117 - 241 CROSS ROCK-STEP, SIDE SHUFFLE, CROSS ROCK-STEP, 1/4 LEFT TURN SHUFFLE

1 – 2 Cross rock right over left, recover onto left.

3 & 4 Step right to right side, step left beside right, step right to right side.

5 – 6 Cross rock left over right, recover onto right.

7 & 8 Step left to left side, step right beside left, make 1/4 turn left stepping left forward. [9:00]

#### [25 - 32] (HEEL SWITCHES, STEP, 1/4 TURN LEFT PIVOT) TWICE

| 1&2& | Touch right heel forward, step right next to left, touch left heel forward, step left next to right. |
|------|--|
| ICIC | TOUCH HULL HEEL TO WALL, SIED HULL HEAL TO IELL, TOUCH IELL HEEL TO WALL, SIED IELL HEAL TO HULL.    |

3 – 4 Step right forward, make ½ turn left stepping left to left side. [6:00]

5&6& Touch right heel forward, step right next to left, touch left heel forward, step left next to right.

7 – 8 Step right forward, make ¼ turn left stepping left to left side. [3:00]

# Start again!

TAG Danced at the end of dance each time, when facing 3 or 9 o'clock.

Note: After the TAG you should be facing the same wall as in the beginning of TAG.

# [1 - 8] SIDE SHUFFLE, 1/4 LEFT TURN SHUFFLE TWICE, BACK ROCK-STEP

| 1 & 2 | Step right to | right side, step | lett beside right | , step right to | right side. |
|-------|---------------|------------------|-------------------|-----------------|-------------|
|-------|---------------|------------------|-------------------|-----------------|-------------|

3 & 4 Make ¼ turn left stepping left to left side, step right beside left, step left to left side.

5 & 6 Make ¼ turn left stepping right to right side, step left beside right, step right to right side.

7 – 8 Rock left behind right, recover onto right.

# [9 - 16] SIDE SHUFFLE, 1/4 RIGHT TURN SHUFFLE TWICE, BACK ROCK-STEP

| 1 & 2 | Step left to left side, step right beside left, step left to left side |
|-------|--|
| 104   | Sieb ieit to ieit side. Sieb Hailt beside ieit, steb ieit to ieit sidt |

- 3 & 4 Make ¼ turn right stepping right to right side, step left beside right, step right to right side.
- 5 & 6 Make ¼ turn right stepping left to left side, step right beside left, step left to left side.
- 7 8 Rock right behind left, recover onto left.

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