

No Time to Waste

Count: 48

Wand: 4

Ebene:

Choreograf/in: Sarah Jane Woodfield (UK) - April 2023

Musik: Giddy Up! - Shania Twain



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|---------------|--|
| 1, 2 | Step fwd L and R, bringing feet level and apart, |
| 3&4 | Shuffle diagonally back LRL |
| 5, 6 | Step back R and L, bringing feet level and apart, |
| 7&8 | Shuffle diagonally fwds RLR |
| 9&10&11&12 | Heel digs L and R, and crossing L over R, tap toe heel stomp, |
| 13, 14 | Step back on R and fwds on L making 2 x1/4 turns over L shoulder |
| 15 & | Step fwd L and R, bringing feet level and apart, |
| 16 | Step fwds onto R |
| 17, 18 | Step fwds on L and back on R making 2 x1/4 turns over R shoulder |
| 19 & | Step back L, Step back R, bringing feet level and apart |
| 20 | Tap L toe to instep |
| 21 & 22 | Skate fwds on L and clap x2 |
| 23 - 24 | **Skate fwds on R and clap x2 |
| 25,26 &27&28 | Syncopated GV to L, and crossing R over L, tap toe heel stomp |
| 29, 30, 31&32 | Rock L to L, replace R, cross shuffle LRL |
| 33,34&35&36 | Syncopated GV to R, and crossing L over R tap toe heel stomp |
| 37, 38, 39&40 | Rock R to R, replace L, cross shuffle RLR |
| 41,42, 43&44 | ***Toe grind on L (hip action) making 1/4 turn R, L kick ball step |
| 45,46, 47&48 | Toe grind on L (hip action) making 1/4 turn R, L kick ball step |

**** Wall 2 - 1st restart after 24 count facing wall 12**

***** Wall 5 - 2nd restart after 44 count facing wall 9**

Wall 7 ends on count 8, so make a 1/4 turn L shuffle to end, stepping RLR
