

Kindness To Me

Count: 32

Wand: 4

Ebene: Easy Improver

Choreograf/in: Marianne Langagne (FR) - 13 April 2023

Musik: Kindness - Tanya Tucker : (Album: Sweet Western Sound)



Intro : 16 Counts (Start on « Traveled » I Have Traveled)

Restarts : After 20 Counts, Walls 3 – 5 – 7

Séquences : 32 – 32 – 20R – 32 – 20R – 32 – 20R – 32 – 32 - 32

S1 TOE - HEEL - CROSS, RUMBA BOX MODIFIED, MAMBO STEP

1&2 R Point next to LF (Knee in), R Heel Diagonally Fwd R, Cross RF over LF
3&4 LF to the L, Together, LF Fwd
5&6 RF to the R, Together, RF Fwd
7&8 Rock forward on L. Recover on to R. Step back on L

S2 BACK, BACK, COASTER STEP, STEP 1 /2 TURN R, STEP ½ TURN R- STEP

1-2 RF Back, LF Back
3&4 RF Back, Together, RF Fwd
5-6 LF Fwd, ½ Turn R (weight on RF) 6:00
7&8 LF Fwd, ½ Turn R – RF Fwd (weight on RF), LF Fwd 12:00

S3 SIDE, BEHIND- SIDE- CROSS & CROSS, SIDE ROCK, TRIPLE ¼ TURN R

1 RF to the R
2&3 Cross LF behind RF, RF to the R, Cross LF over RF
& 4 RF to the R, Cross LF over RF Here Restarts: 3rd Wall (facing 6 00), 5th Wall (facing 9:00), 7th Wall (facing 3:00)
5-6 RF to the R, Recover on LF
7&8 ¼ Turn R – RF to the R, ¼ Turn to the R- Together, ¼ Turn R – RF Fwd 9:00

S4 KICK BALL POINT & MAMBO STEP, ROCK BACK, STEP, ½ TURN L

1&2 Kick LF, L Ball next to RF, R Point to the R
& Together
3&4 Rock forward on L. Recover on to R. Step back on L
5-6 RF Back, Recover on LF
7-8 RF Fwd, ½ Turn L (weight on LF) 3:00

Final : The dance ends count 32, Replace ½ Turn L by ¼ Turn L to finish at 12:00

Moove , Dance & have Fun

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