Fly On The Wall

Ebene: High Beginner

Choreograf/in: Hiroko Carlsson (AUS) - April 2023

Musik: Fly On the Wall - Miley Cyrus : (Spotify / Apple Music / Deezer)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Intro: 32 counts/Dance starts on lyrics)

Feet shoulder length apart

Count: 32

[S1] L Knee Roll In-Out, Repeat on R, L Slow Knee Roll In-Out, Together-Side

- 1234 L knee roll in, L knee roll out/step down on L foot, R knee roll in, R knee roll out/step down on L foot
- 567 L knee roll in over 2 counts (5 6), L knee roll out/step down on L foot (7)
- 88 Step R next to L, Step L to the side

[S2] R Knee Roll In-Out, Repeat on L, R Slow Knee Roll In-Out, Together-Side

- 1234 R knee roll in, R knee roll out/step down on R foot, L knee roll in, L knee roll out/step down on L foot
- 567 R knee roll in over 2 counts (5 6), R knee roll out/step down on R foot (7)
- Step L next to R, Step R to the side &8

[S3] L Rocking Chair, Slow Pivot 1/2R-Run-Run

- Rock forward on L, Replace weight on R, Rock back on L, Replace weight on R 1234
- 567 Step forward on L (5), Make a ¹/₂ turn right over 2 counts (6:00) weight ends on L foot (6 7)
- &8 Step forward on R, Step forward on L

[S4] R Rocking Chair, Paddle Turn, Run-Run-Side

- 1234 Rock forward on R, Replace weight on L, Rock back on R, Replace weight on L
- 56 Step forward on R, Make a ¼ turn left recover weight on L (3:00)
- 7&8 Step forward on R, Step forward on L, Step R to the side

No tags or restarts

(updated: 19/Apr/23)





Wand: 4