# Hälsa Gud



Count: 32 Wand: 4 Ebene: Beginner

Choreograf/in: Anna-Maria Mejlon (SWE) - May 2023

Musik: Hälsa Gud - Miss Li



#### Intro: 4 counts

## Chasse R back rock, Chasse L back rock

1&2	step R to right side, step L next to R, step R to right	side
102	Step R to right side. Step L next to R. Step R to right	SIC

3-4 rock back on L recover on to R

5&6 step L to left side, step R next to L, step L to left side

7-8 rock back on R recover on to L

### Toe strut toe strut, rocking chair

1-2	R toe fwd, R heel down
3-4	L toe fwd, L heel down
5-6	rock fwd on R, recover on to L
7-8	rock back on R recover on to L

## Vine to the R touch, vine to the L turning 1/4 touch

1-2	step R to R side, step L behind R
3-4	step R to right side, touch L next to R
5-6	step L to left side, step R behind L

7-8 step fwd on L turning ¼ to L side, touch R next to L

## Side touch side touch, swivel back rock

1-2	step R to right side, touch L next to R
3-4	step L to left side, touch R next to L

5-6 point heels out and in

7-8 rock back with R recover on to L

## Restart: Wall 5 after 8 counts facing 12 'o clock

Hope you like this dance!! Line up, and have fun:)