Wand: 4
Ebene: Intermediate - NC Style
Choreograf/in: Lee Hamilton (SCO) - June 2023
Musik: Long Way - Sarahbeth Taite : (iTunes \& Amazon)

## Intro: 8 Counts

| Section 1 [1-8] Side R, Together, Cross R, $1 / 4$ R, Cross L, Side R, Step L $1 / 8$ L, Back R, Step L $1 / 4$ L, Step R |  |
| :---: | :---: |
| 1\&2 | Step $R$ to $R$ side (1), step L next to $R(\&)$, cross step $R$ over $L$ starting to make $1 / 4$ turn $R$ |
| \&3 | Step fwd on $L$ (\&), step fwd on $R$ sweeping $L$ to finish the turn facing 3:00 (3) 3:00 |
| 4\& | Cross step L over R (4), step R to R side (\&) |
| 5 | Make 1/8 turn $L$ stepping back on $L$ sweeping $R$ around from front to back (5) |
| 68 | Step back on $R(6)$, make $1 / 4$ turn $L$ stepping fwd on $L$ (\&) 10:30 |
| 7\&8 | Staying on diagonal step fwd on $R$ (rising up onto toes) (7), step $L$ next to $R$ (rising up toes (\&), step down on $R$ next to $L$ (8) 10:30 |

Section 2 [\&9-16\&] L Rock, Recover, Step L $1 / 8$ R, Side R, Cross L, $1 / 4$ L, $1 / 2$ L, Walk R, Walk L, Rock Fwd, Recover, $1 / 2 \mathrm{R}, 1 / 2 \mathrm{R}$
\&1 Rock fwd on $L(\&)$, recover on $R$ sweeping $L$ around from front to back (1)
2\&3 Make $1 / 8$ turn $R$ stepping $L$ behind $R(2)$, step $R$ to $R$ side (\&), cross step $L$ over $R$ (3) 12:00
4\& Make $1 / 4$ turn $L$ stepping back on $R$ (4), make $1 / 2$ turn $L$ stepping fwd on $L$ (\&), 3:00
56 Slow walk fwd $R(5)$, slow walk fwd $L$ (6)
7\& Rock fwd on $R(7)$, recover on $L$ (\&)
8\& Make $1 / 2$ turn $R$ stepping fwd on $R(8)$, make $1 / 2$ turn $R$ stepping back on $L$ (\&) 3:00
Section 3 [17-24\&] 1⁄2 R, Cross L, Side R, Back L, Behind R, Side L, Step R $1 / 8$ L \& Hook, Back L, Step R $1 / 8$ R, Step L $1 / 8$ R \& Hook, Back R, Step L 3/8 L
$1 \quad$ Make $1 / 2$ turn $R$ stepping fwd on $R$ sweeping $L$ around from back to front (1) 9:00
2\& Cross step $L$ over $R$ (2), step $R$ to $R$ side (\&)
3 Step back on $L$ sweeping $R$ around from front to back (3)
4\& Step $R$ behind $L$ (4), step $L$ to $L$ side (\&)
$5 \quad$ Make $1 / 8$ turn $L$ stepping fwd on $R$ and hook $L$ behind $R$ knee (fig. 4 position) (5) 7:30
6\& $\quad$ Step back on $L$ (6), make $1 / 8$ turn $R$ stepping $R$ to $R$ side ( $\&$ ) 9:00
$7 \quad$ Make $1 / 8$ turn $R$ stepping fwd on $L$ and hook $R$ behind $L$ knee (fig. 4 position) (7) 10:30
8\& Step back on $R(8)$, make 3/8 turn $L$ stepping fwd on $L$ (\&) 6:00
RESTART HERE IN WALL 5 - see note below
Section 4 [25-32\&] Step R $1 / 4$ L, Behind L, Step R $1 / 4$ R, Step L, Cross R, Side L, Back R, Back L, Rock Back, Recover, Step R, Pivot $3 / 4 \mathrm{~L}$
$1 \quad$ Make $1 / 4$ turn $L$ stepping $R$ to $R$ side dragging $L$ up to $R(1)$ 3:00
2\& Step $L$ behind $R(2)$, make $1 / 4$ turn $R$ stepping fwd on $R(\&)$ 6:00
34 \& Step fwd on $L$ sweeping $R$ around from back to front (3), cross step $R$ over $L$ (4), step $L$ to $L$ side (\&)
56 Step back on $R$ sweeping $L$ around from front to back (5), step back on $L$ sweeping $R$ around from front to back (6)
7\&8\& Rock back on $R(7)$, recover on $L(\&)$, step fwd on $R(8)$, make $3 / 4$ turn $L$ (weight on $L$ ) (\&) 9:00
TAG: At the end of Wall 2 facing 6:00 please add the following 16-count tag then start the dance again facing 3:00
Side R, Hold, Rock Back, Recover, Side L, Hold, Rock Back, Recover
1234 Step R to $R$ side (1), hold (2), rock back on L (3), recover on R (4)
5678 Step $L$ to $L$ side (5), hold (6), rock back on $R$ (7), recover on $L$ (8)

RESTART: Wall 5 starts facing 9:00. Dance up to and including count 24\& then make $1 / 4$ turn $L$ to start the dance again facing 12:00

ENDING: To finish the dance facing 12:00 sweep and extra $1 / 2$ turn $R$ after count 1 of S3.
Have fun!
Contact: Leeh040595@icloud.com

