Hero

Count: 32

Ebene: High Improver

Choreograf/in: Syafri's Fitri (INA) - June 2023

Musik: Hero - Alan Walker & Sasha Alex Sloan

I. LINDY STEP - KICKBALL CHANGE DIAGONAL - CHASEE

- 1&2 Step RF to R, Close LF next to RF, step RF to R
- 34 Rock LF back, Recover onto LF
- 5&6 Kick LF diagonal forward, step LF inplace, Recover onto RF
- 7&8 Step LF to L (12:00), Close RF next to LF, step LF to L

II. CHASEE TURN 1/4 - CHASEE TURN 1/2 - ANCHOR STEP R /L

- 1&2 Turn 1/4 L stepping RF to L, Close LF next to RF, step RF to L
- 3&4 Turn 1/4 L stepping LF forward, close RF next to LF, Turn 1/4 L back
- 5&6 Rock R ball back, recover onto L ball, step RF back
- 7&8 Rock L ball back, recover onto R ball, step LF back

III. BACK ROCK - KICKBALL CHANGE - CHARLESTON TURN 1/4

- 12 Rock RF back, Recover onto LF
- Kick RF forward, step RF inplace, Recover onto LF 3&4
- 56 Step RF to R, Turn 1/4 R stepping RF Close next to LF
- 78 Step LF to L, Close LF next to RF

IV. TOE STRUT Turn 1/4 - TOE STRUT - STOMP TURN 1/2

- 12 Touch R F fwd - step RF inplace
- 34 Turn 1/4 R touching LF fwd, step LF inplace
- 5678 Turn 1/8 R stomp RF to R (4X)

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Wand: 4