

Outta My Mind

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Rob Fowler (ES), Kate Sala (UK), Guillaume Richard (FR) & Darren Bailey (UK) - July 2023

Musik: Gettin' Outta My Mind - Channing Wilson



Intro: 16 Counts

Tag: After walls 2 and 6 you will be facing 6:00 both times

Shoop to R diagonal, Back, Clap, Back, Clap

- 1-2 Step RF to R diagonal, Close LF next to RF
- 3-4 Step RF to R diagonal, Touch LF next to RF
- 6-7 Step back on LF to L diagonal, Touch RF next to LF and clap
- 7-8 Step back on RF to R diagonal, Touch LF next to RF and clap

Shoop to L diagonal, Back, Clap, Back Clap

- 1-2 Step LF to L diagonal, Close RF next to LF
- 3-4 Step LF to L diagonal, Touch RF next to LF
- 5-6 Step back on RF to R diagonal, Touch LF next to RF and clap
- 7-8 Step back on LF to L diagonal, Touch RF next to LF and clap

R Vine with Close, Twist x4

- 1-2 Step RF to R side, Cross LF behind RF
- 3-4 Step RF to R side, Close LF next to RF
- 5-6 Twist both heels to L, Twist both heels to R
- 7-8 Twist both heels to L, Twist both heels to centre (weight ends on RF)

L Vine with 1/4 L, Brush, Rocking chair

- 1-2 Step LF to L side, Cross RF behind LF
- 3-4 Make a 1/4 turn L and step forward on LF, Brush RF forward
- 5-6 Rock forward on RF, Recover onto LF
- 7-8 Rock back on RF, Recover onto LF

Tag (after wall 2 and 6m both times you will be facing 6:00)

Stomp, Stomp, Clap, Clap

- 1-2 Step RF to R side, Stomp LF to L side
- 3-4 Clap hands x2

Last Update - 5 July 2023 - R1