

I'm a Cowboy Contra

Count: 32

Wand: 2

Ebene: Beginner - Contra

Choreograf/in: Unknown

Musik: I'm a Cowboy - Smokin' Armadillos



Start dancing after 45 seconds i.e. 64 counts after the gunshot.

or The One For Me - Mike Denver · Jimmy Buckley · Marc Roberts · Brendan Quinn · Trudi Lalor · Louise Morrissey (107 bpm)

Position : In double line, stand in the slot between the dancers in the opposite row.

I - SYNCOPATED STEPS RIGHT AND LEFT

1&2&3&4 Shuffle to the RIGHT: Right, Left, Right Left, Right Left, Right

5&6&7&8 Shuffle to the LEFT : Left, Right Left, Right Left, Right, Left

II – STEP FORWARD X2, HIP BUMPS

1-2 Step right forward, bring left next to right

3-4 Hip Bump to the Right twice

5-6 Hip Bump to the Left twice

7-8 Hip Bump Right and Left

III – STEP BACK X2, PATTYCAKE

1-2 Step right back, bring left next to right

3-4 Clap your Right hand twice with the person on your forward Left Diagonal

5-6 Clap your Left hand twice with the person on your forward Right Diagonal

7-8 Clap hands twice with the people on your forward diagonals

IV – CLAP X2, SHUFFLE FORWARD X2, STEP ½ PIVOT

1-2 Clap your hands twice

3&4 Shuffle forward Right, Left, Right

5&6 Shuffle forward Left, Right, Left

7-8 Step right forward, ½ pivot to the left

You are now in the opposite line.

REPEAT