## Everybody Runs

Count: 64
Wand: 4
Ebene: Improver
Choreograf/in: Antoinette Claassens (NL) - July 2023
Musik: The Journey of Life - Thomas Anders


Intro: 32 counts, starts on "young"
Step fwd, cross behind, lockstep fwd ( $\mathrm{R}+\mathrm{L}$ )
1-2 RF step fwd - LF cross behind
3 \& $4 \quad$ RF step fwd - LF cross behind - RF step fwd
5-6 LF step fwd - RF cross behind
7 \& $8 \quad$ LF step fwd - RF cross behind - LF step fwd

Fwd rock step, shuffle $1 / 2$ turn R, step, cross behind, lockstep fwd
1-2 RF rock fwd - recover on LF
3 \& $4 \quad$ RF step back 1/4 R - LF close - RF step fwd 1/4 R
5-6 LF step fwd - RF cross behind
7 \& $8 \quad$ LF step fwd - RF cross behind - LF step fwd

Fwd rock step, shuffle $1 / 4$ turn R, cross, side, Sailor step $1 / 4$ turn $L$
1-2 RF rock fwd - recover on LF
3 \& $4 \quad$ RF step back $1 / 4 \mathrm{R}$ - LF close - RF step R side
5-6 LF cross over - RF step $R$ side
7 \& $8 \quad$ LF cross behind $1 / 4$ turn L - RF step aside - LF step aside

Step fwd, step fwd $1 / 4 R$, sailor step $1 / 4$ R, Fwd rock step, shuffle $1 / 2$ turn $L$
1-2 RF step fwd - LF step fwd 1/4 R
3 \& $4 \quad$ RF cross behind $1 / 4$ turn R - LF step aside - RF step aside
5-6 LF rock fwd - recover on RF
7 \& $8 \quad$ LF step back 1/4 L - RF close - LF step fwd 1/4 L

Step fwd, pivot $1 / 4 \mathrm{~L}$, cross shuffle, hinge $1 / 2$ turn $R$, cross shuffle
1-2 RF step fwd - RF+LF turn 1/4 L
3 \& $4 \quad$ RF cross over - LF step behind RF - RF cross over
5-6 LF step aside 1/4 R - RF step back 1/4 R
7 \& $8 \quad$ LF cross over - RF step behind LF - LF cross over
Side, close, shuffle fwd, fwd rock step, Shuffle 1/2 turn L
1-2 RF step R side - LF close
3 \& $4 \quad$ RF step fwd - LF close - RF step fwd
5-6 LF rock fwd - recover on RF
7 \& $8 \quad$ LF step back $1 / 4 \mathrm{~L}$ - RF close - LF step fwd 1/4 L

Side, close, shuffle fwd, fwd rock step, Shuffle 1/2 turn L
1-2 RF step R side - LF close
3 \& $4 \quad$ RF step fwd - LF close - RF step fwd
5-6 LF rock fwd - recover on RF
7 \& $8 \quad$ LF step back 1/4 L - RF close - LF step fwd 1/4 L

Step fwd $2 \times 1 / 2$ turn $L$, Shuffle fwd, fwd rock step, coaster step
$1-2 \quad$ RF step 1/2 turn L fwd - LF step 1/2 turn L fwd
3 \& $4 \quad$ RF step fwd - LF close - RF step fwd
5-6
LF rock fwd - recover on RF
7 \& 8 LF step back - RF close - LF step fwd

Start over again!
Tag: 4 counts after the 1th [9] and 4th wall [9]:
RF step fwd - RF+LF turn 1/2 L (x2)
Restart: in the 3th wall after 32 counts

