Cooking With Grease

Ebene: Intermediate

Choreograf/in: Linda LeClaire (USA) - July 2023

Musik: Grease - Lainey Wilson

Walk, walk, mambo step, Walk back, back, Rock, recover, turn 1/2 Right

- 1 2 Walk forward right, left
- Rock forward Right, recover Left, step back on Right 3&4
- 5 6 Walk back left, right

Count: 32

7&8 step back Left, step forward on Right, turn 1/2 right

Sailor Steps Right and Left, Sway forward and back on diagonal, Behind, side, touch

- 1&2 Right sailor step (Right behind left, left to left, right to right)
- 3&4 Left sailor step (Left behind right, right to right, left to left)
- 5 6Place right foot on diagonal swaying forward and back
- 7&8 Behind with right, side with left, touch with right
- *Restarts occur here

[&] Heel and touch, & heel and touch, Big step, Coaster step

- &1&2 Step back on right, then left heel on diagonal, step back on left, touch right to left
- &3&4 Step back on right, then left heel on diagonal, step back on left, touch right to left
- 5 6 Big step to right with right, touch left to right
- 7&8 Left back, right back, left forward

Kick, ball, heel, Sailor step, Kick, ball, heel & Swivels RLRL (down and up)

- 1&2 Kick right forward, recover on ball of right foot, left heel forward on diagonal
- 3&4 Left sailor step (Left behind right, right to right, left to left)
- Kick right forward, recover on ball of right foot, left heel forward on diagonal 5&6
- &7&8& Swivel right, left, right, left (down slightly on first right, left, then back up on second right, left)

*Two Restarts after 16 counts - on walls 3 and 6

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Wand: 2