

Find The Beat (WDM23)

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Fred Whitehouse (IRE) & Jean-Pierre Madge (CH) - August 2023

Musik: All Eyes On Me - Skinny Beats



Intro 16 counts

Kick Out-Out, Knee In-Out, Cross Samba x2,

- 1&2 Kick R forward (1), Step R back (&), Step L back (2), 12'00'
3-4 Pop R knee in (3), as you come back to your initial position, your body face now the R diagonal at 1'30 (4),
5&6 Cross L over R (5), Rock R to R (&), Recover on L facing the L diagonal facing 10'30 (6)
7&8 Cross R over L (7), Rock L to L (&), Recover on R facing the R diagonal facing 1'30. (8)

Step Touch, Back Sweep, Behind Side Cross, Step Pivot 1/4L, Step Pivot 3/8L

- &1-2 Step L forward (&), Touch R behind L (1), Step R back and sweep L (2),
3&4 Cross L behind R, Step R to R (&), Cross L over R (4)
5-6 Step R forward (5), Turn 1/4 L onto L (6) 10'30'
7-8 Step R forward (7), Turn 3/8 L onto L (8) 6'00'

Styling : each time you step forward on R you push your hips L and back (5), when turning 1/4 L you roll hips to the R and forward (6), repeat for count 7-8

Out-Out, Look L, Hip roll, Ball Cross, Side, Sailor Step 1/4 R

- &1-2 Step R out (&), Step L out (1), Look over your L shoulder (2)
3-4 Roll your hips and shoulders (3-4) you end up with your weight on R

Restart here on wall 3 and 7 facing 12', keep your weight on L to kick R forward

- &5-6 Step L next to R (&), Cross R over L (5), Step L to L (6)
7&8 Cross R behind L (7), 1/4R Step L next R (&), Step R forward (8) 9'00'

Walk L, R, Shuffle, Rock, Recover and Touch and Touch

- 1-2 Walk L (1), Walk R (2),
3&4 Step L forward (3), Step R next L (&), Step L forward (4)
5-6 Rock R forward (5), Recover (6)
&7&8 Step R back (&), Touch L forward (7), Step L back (&), Touch R forward (8)

TAG end of wall 4 facing 9'00

Side, Sailor Step, Lock, Volta 3/4L, Woo

- 1-2&3 Step R to R (1), Cross L behind R (2), Step R to R (&), Step L to L (3)
4 Lock R behind L and pop L knee (4)
5&6&7 Making an 1/4 L, Step L forward (5), Step R behind L (&), Making an 1/4 L, Step L forward (6), Step R behind L (&), Making a 1/4 L, Step L forward (7)
8 Shout « Wooo » as loud as you can (8)

Smile and start the dance again !