## Head Held High

Count: 64 Wand: 3 Ebene: Intermediate


Musik: Head Held High - SERA

Intro : 16 counts
S1. Rock Forward, Recover - Sweep, Behind, Step $1 / 4$ Turn L, Step Forward, Step $1 / 2$ Turn R, Step Back $1 / 2$ Turn R, $1 / 4$ Turn R, Cross
1-2 RF rock forward, Recover on LF and RF sweep back
3\&4 RF cross behind LF, $1 / 4$ turn LF step forward, RF step forward
5-6 LF step forward, Turn $1 / 2$ turn $R$
$7 \& 8 \quad 1 / 2$ turn R LF step back, $1 / 4$ turn R RF step R, LF cross over RF (12:00)
S2. Sway RL, Full Turn R, Diagonal Forward Turning 3/8 turn R Raising Hands and Tapping RF
1-2 $\quad R F$ step $R$ and sway $R$, LF step $L$ and sway $L$
3\&4 $\quad 1 / 4$ turn R RF step forward, $1 / 2$ turn R LF step back, $1 / 4$ turn R RF step R (12:00)
5-8 1/8 turn diagonal R LF step forward (5) (1:30), Turn $1 / 2$ turn $R$ whilst raising both hands with palms facing upwards and tapping RF (6-7-8) (7:30)

S3. Walk Forward RL, Anchor step, Full Turn Back, 1/8 Turn Behind Side Cross
1-2 RF walk forward, LF walk forward (Bring both hands down)
3\&4 RF lock behind LF, LF Recover, RF step slightly back
5-6 $\quad 1 / 2$ turn L LF step forward, $1 / 2$ turn L RF step back (7:30)
Easier alternative: Take two swivel walks back for counts 5-6.
7\&8 LF cross behind RF, 1/8 turn R RF step R, LF cross over RF (straightening up to 9:00)
S4. Side Touch Side, Behind, $1 / 4$ Turn L, Step forward, Step $1 / 4$ Turn R, L Vaudeville
1\&2 RF step R, LF touch next to RF, LF step L
3\&4 RF cross behind LF, $1 / 4$ turn L LF step forward, RF step forward
5-6 LF step forward, $1 / 4$ turn R RF step $R$ (9:00)
7\&8\& LF cross over RF, RF step R, LF heel diagonal forward L, LF step next to RF
S5. Cross, $1 / 4$ Turn, Shuffle $1 / 2$ Turn, Cross Samba $1 / 4$ Turn, Kick, Out-Out
1-2 RF cross over LF, $1 / 4$ turn R LF step back (12:00)
3\&4 RF step $1 / 4$ turn R, LF step next to RF, RF step $1 / 4$ turn R (6:00)
**RESTART: W2 (3:00) See note below for Change of Count and Step Change
5\&6 LF cross over RF, $1 / 4$ turn L RF step R, LF step L (3:00)
7\&8 RF kick forward, RF step R (out), LF step L (out)
S6. 3/4 Turn Diamond
1\&2 RF cross over LF, LF step L, 1/8 turn R RF step back
3\&4 LF step back, 1/8 turn R RF step R, 1/8 turn R LF step forward
5\&6 RF cross over LF, 1/8 turn R LF step R, 1/8 turn R RF step back
7\&8 LF step back, 1/8 turn R RF step R, LF step forward (12:00)
S7. Kick Out Out (RL), Run Forward RLR, Back Lock Step X2
1\&2 RF kick forward, RF step R, LF step L
3\&4 Legs wide: RF run forward, LF run forward, RF run forward
**RESTART: W4 (12:00) See note below for Change of Count and Step Change
5\&6 LF step back to the diagonal, RF cross over LF, LF step back to the diagonal
7\&8 RF step back to the diagonal, LF cross over RF, RF step back to the diagonal

S8. Run Around 3/4 Turn L - Sweep Forward, Cross, Side, Behind - Sweep Back,
Behind, Side, Step forward, Step forward, $1 / 2$ Turn L
$1 \& 2 \quad 1 / 4$ turn L LF step forward, $1 / 4$ turn L RF step forward, $1 / 4$ turn L LF step forward RF sweep forward (3:00)
3\&4 RF cross over LF, LF step L, RF cross behind LF and LF sweep back
5\&6 LF cross behind RF, RF step R, LF step forward
7-8 RF step forward, $1 / 2$ turn $L$ (9:00)

Wall 2 (starting at 9:00):
In section 5, step modification for counts 3-4
1-2 RF cross over LF, $1 / 4$ turn R LF step back (9:00)
3-4 $1 / 2$ turn R RF step forward, LF slide next to RF (weight on LF)

+ RESTART (3:00) from S1
Wall 4 (starting at 12:00):
S7, Step added + TAG + RESTART (at 12:00)
$1 \& 2 \quad$ RF kick forward, RF step R, LF step L
3\&4 Legs wide: RF run forward, LF run forward, RF run forward
+STEP ADDED
5\&6 LF run forward, RF run forward, LF run forward (weight on $L$ to finish)
+TAG Take a deep breath for 2 counts Raising both arms up and outwards
+ RESTART (12:00) from S1
Ending (starting at 12:00): S8
S8 Dance up to ct $5 \& 6$ (3:00), of the final wall then amend $1 / 2$ turn to a $1 / 4$ turn $L$ ct ( 8 ) to finish (12:00)
7-8 RF step forward, $1 / 4$ turn $L$ (finishing at 12:00)
Raise arms and head to the sky once more on lyrics "head held high".
Quick Notes:
W2, (3:00). Change of Step: LF slide next to RF and Restart (3:00).
W4, (12:00). Step added: Legs wide: Run forward LRL. Tag: Raise both Arms Up and Out. Restart (12:00).
**Ending: S8 ct8 (3:00), 1/4 turn L (12:00).

