Bootshake



Count: 32 Wand: 2 Ebene: Beginner

Choreograf/in: Ivonne Verhagen (NL) - October 2023

Musik: Bootshake - Alex Smith



Intro: 32 counts (approx. 12 sec)

S1 TOE, HEEL, CROSS, TOE, HEEL, CROSS, TOE, HEEL

1-2 Touch right toe to LF, Touch right heel slightly to the side

3-4 RF cross over LF, Touch left toe to RF

5-6 Touch left heel slightly to the side, LF cross over RF

7-8 Touch right toe to LF, Touch right heel slightly to the side

S2 TWIST OUT&IN, TAP 2X LEFT HEEL, DIAGONAL FORWARD, TOUCH & CLAP DIAGONAL BACK, TOUCH & CLAP

1-2	Twist right heel out, twist right heel in (put weight on RF)
1-4	

3-4 Tap left heel, tap left heel (lean body a bit to the right & snap with right fingers)

5-6 LF step diagonal forward, RF touch to LF (& Clap)
7-8 RF step diagonal back, LF touch to RF (& Clap)

S3 DIAGONAL LOCK STEP, BRUSH, ROCKING CHAIR

1-2	LF step diagonal forward, Lock RF behind LF
3-4	LF step diagonal forward, RF brush forward

5-6 RF rock forward, recover on LF RF rock back, recover on LF

S4 STEP, BOUNCH 3X WITH ½ TURN, ROCKING CHAIR

1-2 RF step forward, bounce on both feet with ¼ turn left

3-4 bounce on both feet 1/8 turn left, bounce 1/8 turn left & finish weight on LF

5-6 RF rock forward, recover on LF7-8 RF rock back, recover on LF

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Last Update - 16 Oct. 2023 - R1