Wildflowers



Count: 32 Wand: 4 Ebene: High Improver

Choreograf/in: Heidi Brenden (NOR), Hege Mari Berg (NOR) & Nancy Refshal (NOR) - October

2023

Musik: Backseat Backroad - Daniel Borge



Section 1 - [1 - 9] Basic Nightclub R, Nightclub left, step 1/2turn step fwd, triple full turn L (alt: run, run, run)							
	1,2 &3	Step RF to right side (1) step LF behind RF (2) Cross RF in front of LF (&) Step LF to L side					
	.,	(3)					
	4 & 5	Rock RF back (4) Recover weight on LF (&) Step RF Fwd (5)					
	6 & 7	Step LF forward (6) make ½ turn R (&) Step LF fwd (7) Prep for full turn L 06:00					
	8 & 1 Step RF 1/2 turn L (8) Step LF ½ turn L (&) Step RF fwd (1) 06:00						
Section 2 - [10 - 15] Left mambo fwd, sweep RF, weave Left, Sway L, Sway R							
	2 & 3	Step LF fwd (2) Recover weight on RF(&) Step LF back as you sweep RF from front to back					
	240	(3)					
	4 & 5	Cross RF behind LF (4) Step LF to L side (&) Cross RF In front of LF (5)					
	6, 7	Step LF to left side and sway hips left (6) sway R (7)					
Note: 2 count Step change, restart wall 3 facing 12:00: after sway R (7): Cross LF in front of RF (1) Hold (2)							
	Then restart the dance at 12:00						
	Section 3 - [16 - 24] Cross behind, step lock forward L, mambo, sweep x 3, back lock step						
	8&1&2	Cross LF behind RF (8) Make ¼ turn R (09:00) stepping RF fwd (&) Step LF fwd (1) Lock RF					
	33.132	behind (&) Step LF fwd (2) 09:00					
	3 & 4	Step RF fwd (3) recover weight on LF (&) Step RF back as you sweep LF from front to back					

Step LF back as you sweep RF from front to back (5) Step RF back as you sweep LF from

Section 4 - [25 - 32] Rock, recover, triple full turn (alt: Run, run, run), Rock, recover, coaster cross.

Step LF back (7) Lock RF in front of LF (&) Step LF back (8) 09:00

1, 2	Step RF back	(1) Recover LF (2) Step RF	½ turn R (2)

3 & 4 Step LF ½ turn R fwd (&) Step RF fwd (4) 5, 6 Step LF fwd (5) Recover weight on RF (6)

7 & 8 Step LF back (7) Step RF beside LF (&) Cross LF in Front of RF (8)

Note: At the end of wall 2 there is a 8 & count tag: Basic nightclub steps Right and left x 4 Then restart the Dance facing $06:00\square$ Sway ending to the front wall

Enjoy, and please make Your own variations□

front to back (6)

Last Update: 14 Nov 2023

5, 6

7 & 8