Ain't Gonna Break Itself

Count: 48

Ebene: Intermediate

Choreograf/in: Hiroko Carlsson (AUS) - November 2023

Musik: Heart Ain't Gonna Break Itself - Jay Allen : (Spotify/Apple Music/Deezer)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (Intro: 16 counts) [S1] Fwd Rock, Coaster Step, Step-Pivot 1/4R, Cross. Side 12 Rock forward on R, Replace weight on L 3&4 Step back on R, Step L next to R, Step forward on R 56 Step forward on L, Make a ¼ turn right recover weight on R (3:00) 78 Cross L over R, Step R to the side [S2] Behind, Point, Behind-Side-Cross, Point, Cross-Side-Behind, Side, Point 12 Step L behind R, Point R to the side 3&4 Step R behind L, Step L to the side, Cross R over L 5 Point L to the side 6&7 Cross L over R, Step R to the side, Step L behind R 81 Step R to the side, Point L to the side [S3]1/4L Shuffle Fwd, Step-Pivot 1/2L, Shuffle Fwd, Step-Pivot 1/4R Make a ¹/₄ turn left shuffle forward on L-R-L (12:00) 2&3 45 Step forward on R, Make a ¹/₂ turn left recover weight on L (6:00) 6&7 Shuffle forward on R-L-R Step forward on L, Make a ¼ turn right recover weight on R (9:00) 81 [S4] Fwd, Hitch, Coaster Step, Step-Pivot 1/2R, Fwd 23 Step forward on L, Hitch R knee 4&5 Step back on R, Step L next to R, Step forward on R 678 Step forward on L, Make a 1/2 turn right recover weight on R (3:00), Step forward on L -Restart here on Wall 3 and 5 [S5] Fwd Rock, Shuffle Back, Touch-Unwind 1/2L, Step-Pivot 1/4L 12 Rock forward on R, Replace weight on L 3&4 Shuffle back on R-L-R Touch L back, Unwind 1/2 turn left weight ends on L 56 78 Step forward on R, Make a ¼ turn left recover weight on L (6:00) [S6] Cross Shuffle, Reverse Side Roll, Side Shuffle, Behind, 1/4L 1&2 Cross R over L, Step L close to R, Cross R over L 34 Make a ¼ turn right stepping back on L, Make a ½ turn right stepping forward on R 5&6 Make a further 1/4 turn left stepping L to the side (6:00), Step R close, Step L to the side 78 Step R behind L, Make a ¼ turn left stepping forward on L (3:00) Restart on Wall 3 count 32 (9:00) and wall 5 count 32 (3:00) Ending suggestion: Dance up to count 15 (9:00), make a ¼ turn right stepping forward on R (12:00)

(updated: 22/Nov/23)



Wand: 4