

# Can't Stop This Thing We Started

**COPPER** KNOB  
STEPSHEETS

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Peter O'Shea (AUS) - November 2023

Musik: Can't Stop This Thing We Started - Bryan Adams



**Start: after short guitar intro + 32 counts of regular beat**

## **SIDE STRUT ROCK BACK RECOVER TWICE**

- 1-2 step R toe to side, drop R heel
- 3-4 step/rock L back, recover to R
- 5-6 step L toe to side, drop L heel
- 7-8 step/rock R back, recover to L

## **SIDE SHUFFLE ROCK BACK RECOVER, SIDE SHUFFLE ROCK BACK 1/4 TURN RECOVER**

- 9&10 shuffle to right side stepping R, L, R
- 11-12 step/rock L back, recover to R
- 13&14 shuffle to left side stepping L, R, L
- 15-16 turning 1/4 right step/rock R back, recover to L

## **TOE STRUT x 2, ROCK FORWARD RECOVER, SHUFFLE BACK**

- 17-18 step R toe forward, drop R heel
- 19-20 step L toe forward, drop L heel
- 21-22 step/rock R forward, recover to L
- 23&24 shuffle back stepping R, L, R

## **BACK STRUT x 2, BACK TOGETHER, SHUFFLE FORWARD**

- 25-26 step L toe back, drop L heel
- 27-28 step R toe back, drop R heel
- 29-30 step L back, step R together
- 31&32 shuffle forward stepping L, R, L

## **REPEAT**

**Restart after 8 counts facing 12.00 during walls 5 and 9**