## Loud and Strong

Count: 48
Wand: 4
Ebene: Improver
Choreograf/in: Claudia Arndt (DE) - November 2023
Musik: Skal - Miracle of Sound


Info: The dance begins on 'Raise your horns into the air' (2+2 walls)

## S1: Walk 2, shuffle forward $\mathrm{r}+\mathrm{I}$

1-2 2 steps forward ( $r-I$ )
3\&4 Step forward with right foot - Bring left foot close to right and step forward with right
5-6 2 steps forward (I-r)
7\&8 Step forward with your left foot - put your right foot in front of your left foot and step forward with your left foot

S2: Step, pivot $1 / 4 \mathrm{I}$, shuffle across, $1 / 4$ turn $r$, $1 / 4$ turn $r$, shuffle across
1-2 Step forward with right - 1/4 turn left on both bales, weight at end left (9 o'clock)
$3 \& 4 \quad$ Cross right foot far over left - Small step to the left with left and right foot far above left cross
5-6 $\quad 1 / 4$ turn to the right and step backwards with left $-1 / 4$ turn to the right and step to the right with right (3 o'clock)
$7 \& 8 \quad$ Cross left foot far over right - Small step to the right with right and left foot far over Rights Giants
(Restart: In the 2nd round - direction 9 o'clock - break off here and start again)

S3: Rock side, behind-side-cross, rock side, behind- $1 / 4$ turn r-step
1-2 Step right with right - weight back on left foot
$3 \& 4 \quad$ Cross right foot behind left - step left with left and right foot cross over left
5-6 Step left with left - weight back on right foot
7\&8 Cross left foot behind right foot - 1/4 turn to the right, step forward with right and step after front with left (6 o'clock)

S4: Walk 2, Mambo forward, back 2, coaster step
1-2 2 steps forward (r - I)
3\&4 Step forward with right foot - weight back on left foot and step back with right
5-6 2 steps backwards (I-r)
7\&8 Step backwards with the left - bring your right foot closer to your left foot and take a small step forward with your left
(Restart: In the 3rd and 5th round - towards 3 o'clock - break off here and start again)

S5: Side, drag/close $2 x$, rolling vine I

| $1-2$ | Step right with right (bend your knees slightly, wiggle your shoulders and your hands drum) - <br> Pull/place your left foot on your right foot (Straighten up again; on 'skal' right fist forward <br> push) |
| :--- | :--- |
| $3-4$ | How 1-2 |
| $5-8$ | 3 steps in the direction to the left, making a full turn to the left (I-r-I) - right foot next to left <br> tap |

S6: Side, drag/close $2 x$, rolling vine I
1-8 Same as Step Sequence S5
(End: The dance ends after the 6th round - towards 9 o'clock; at the end '1/4 turn to the right and stamp right foot in front' - 12 o'clock)

Repeat to the end
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