Gonna Get Down

Count: 32

Ebene: Intermediate

Choreograf/in: Tim Johnson (UK) - December 2023

Musik: DO IT FOR ME (feat. UGENE NGHT) - KATZIR

Count In: Dance begins after music intro (16 counts) [1-8] Walk R, ¼ right, Sailor touch, ball cross, R side, behind ¼ forward 1 - 2 Walk forward R (1) Making a ¹/₄ turn right step L to left side (2) 3&4 Step R behind L (3) Step L to left side (&) touch R next to L (4) &5 -6 Step weight onto the ball of your R (&) Cross L over R (5) Step R to right side (6) 7&8 Step L behind R (7) Making a ¼ turn right, step forward on R (&) Walk forward L (8) *end facing 6 o'clock [9-16] Walk R, Step L diagonal, Rock recover side, L behind, ¼ R, ½ hip roll 1-2 Step forward R (1), Step L out to left diagonal (2) 3&4 Rock R behind L (3) Recover weight to L (&) Step R to right side (4) 5-6 Step L behind R (5) making a 1/4 turn right, step forward R (6) 7-8 Making a ¹/₂ right, step back on L as you roll hips clockwise (7) continue rolling hips ending with weight on L (8) *end facing 3 o'clock [17-24] Step R, hitch, R shuffle, Rock L, sweep, behind and infront 1-2 Step forward R (1) Lock L behind R as you hitch R knee up (2) 3&4 Step forward on R (3) Step L behind R (&) Step forward on R (4) 5-6 Rock forward on L (5) Recover onto R as you sweep L anticlockwise from front to back (6) Step L behind R (7) Step R to right side (&) Cross L over R (8) 7&8 [25-32] R side rock, recover, weave, 1/4, 1/2, 1/4 sailor 1-2 Rock R to right side as you push hips to the right (1) recover weight back on L as you pull hips backwards (2) 3&4 Step R behind L (3) Step L to left side (&) Cross R over L (4) 5-6 making a $\frac{1}{4}$ turn left, step L to left side (5) making a $\frac{1}{2}$ turn left step forward on R (6) making a ¼ turn left, step L behind R (7) recover weight R (&) Step L to left side (8) 7&8

*end facing 3 o'clock

End of dance, Smile and enjoy \Box





Wand: 4