# To the Bar (TOT)

**Count: 32** 

Ebene: Improver

Choreograf/in: Karen Benjamin Hayes (USA) - November 2023

Musik: To the Bar - Cooper Alan

\*\*2 TAGS – Dance starts as soon as the music does (no intro)

## RIGHT LOCK STEP, LEFT LOCK STEP, STOMP RIGHT, STOMP LEFT, HEELS, TOES, HEELS

- Step forward R (1) Lock L behind R (&) Step forward R (2) 1&2
- 3&4 Step forward L (3) Lock R behind L (&) Step forward L (4)
- 5 6 Stomp R forward and to R (5) Stomp L foot forward to L (6)
- 7 & 8 Swivel heels in (7) swivel toes in (&) Swivel heels in (8)

#### SYCOPATED WEAVE RIGHT, RIGHT ROCK & CROSS, SYCOPATED WEAVE LEFT, LEFT, ROCK & CROSS

- 1&2& Step R to R (1) Step L behind R (&) Step R to R (2) Cross L over R (&)
- 3&4 Rock R to R (3) Recover weight to L (&) Cross R over L (4)
- Step L to L (13) Step R behind L (&) Step L to L (14) Cross R over L (&) 5&6&
- 7 & 8 Rock L to L (15) Recover weight to R (&) Cross L over R (16)

## STEP. TURN & KICK. COASTER STEP. SHUFFLE RIGHT. SHUFFLE LEFT

- Step forward R (1) Turn <sup>1</sup>/<sub>2</sub> turn L and kick L foot forward 6:00 (2) 1 - 2
- 3&4 Step L back (3) Step R together (&) Step L forward (Coaster Step)
- 5&6 Shuffle forward R-L-R
- 7 & 8 Shuffle forward L-R-L

## RIGHT HEEL AND TOUCH, LEFT HEEL AND TOUCH, JAZZ BOX

(End of Wall 5 (facing 6:00) repeat these steps and add Tag 1)

- 1&2 Touch R heel forward (1) Step R next to L (&) Touch L toe to L (2)
- 3&4 Touch L heel forward (3) Step L next to R (&) Touch R toe to R (4)
- 5 8 Cross R over L (5) Step back L (6) Step R to R (7) Step L next to R (8)

#### TAG # 1 - 4 COUNT PADDLE TURN (AT END OF WALL 1)

1 - 4Paddle with RF keeping LF planted full turn to your L

#### TAG # 2 – End of Wall 5 (FACING 6:00) RIGHT HEEL AND TOUCH, LEFT HEEL AND TOUCH, JAZZ BOX and ADD TAG 1

Begin again...

Last Update: 30 Mar 2024





Wand: 2