Count: 32 Wand: 4 Ebene: Advanced
Choreograf/in: Hiroko Carlsson (AUS) - December 2023
Musik: No Promises - Lewis Thompson : (Spotify/Apple Music/Deezer)
Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(The dance starts after you hear 'I don't break no promises.')

| Facing 10:30 to begin |  |
| :--- | :--- |
| [S1] Step-1/2L Tap-\&, Fwd Rock-Together, Step-3/8R Tap-\&, Out L-Out R-Out $L$ |  |
| $12 \&$ Step forward on R, Make a $1 / 2$ turn left (weight on R) tap $L$ next to $R(4: 30), ~ S t e p ~ L ~ b e s i d e ~ R ~$ |  |
| $3 \& 4$ Rock forward on R, Replace weight on $L$, Step $R$ next to $L$ (push your hips back) <br> $56 \&$ Step forward on $L$, Make a $3 / 8$ turn left (weight on $L$ ) tap $R$ next to $L(9: 00), ~ S t e p ~ R ~ b e s i d e ~$ |  |
| $7 \& 8$ | Step/stomp out on $L$ to the left, Step/stomp out on $R$ to the right, Step/stomp out on $L$ to the |

[S2] Dip w/ Knee Roll In, Knee Roll Out, Kick L, Dip-Knee Roll In-Out-Kick R, 1/4R Behind-Side-Fwd, Flick
12 Step to the side with $R$ and dip down/rolling your knees inward, Rolling your knees outward 3 Step down on $R$ and kick $L$ foot diagonally forward
4\& Step to the side with $L$ and dip down/rolling your knees inward, Rolling your knees outward
$5 \quad$ Step down on $L$ and kick $R$ foot diagonally forward
6\&7 Making a $1 / 4$ turn right stepping $R$ behind $L$, Step $L$ to the side, Step slightly $R$ across $L$
8 Flick $L$ toes behind $R$
[S3] Side Rock-1/2L Ball-Shuffle Fwd into Press, Recover-1/4R-1/2R Coaster Step
$12 \& \quad$ Rock $L$ to the side, Replace weight on $R$, Make a swift $1 / 2$ turn left stepping $L$ beside $R$ ( $6: 00$ )
3\&4 Shuffle forward on R-L-R (rock forward on R)
$56 \quad$ Replace weight on $L$, Make a $1 / 4$ turn right stepping forward on $R(9: 00)$
$7 \& 8 \quad$ Make a $1 / 2$ turn right stepping back on $L(3: 00)$, Step R next to L, Step forward on L
[S4] 1/8R Step, Lock, 3/4R Triple Turn, Step-Lock-Step, Step-Pivot 1/2L
12 Make a $1 / 8$ turn right stepping forward on $R(4: 30)$, Lock/step L behind $R$
$3 \& 4 \quad 3 / 4$ right triple turn - Step forward on R, Make a $1 / 2$ turn right stepping L beside R, Make a $3 / 8$ turn right stepping forward on $\mathrm{R}(1: 30)$
5\&6 Step forward on L, Lock/step R behind L, Step forward on L
78 Step forward on R, Make a $1 / 2$ turn left recover weight on $L(7: 30)$
TAG: 8 counts Tag at the end of Wall $2(4: 30)-2 x$ (Step-Pivot 1/2L, Walk-Walk)
12 Step forward on R, Make a $1 / 2$ turn left recover weight on $L$ (10:30)
34 Step forward on R-L
56 Step forward on R, Make a $1 / 2$ turn left recover weight on $L(4: 30)$
78 Step forward on R-L
Ending suggestion: The last wall ends facing 7:30. Make a 5/8L turn to the front stepping back on R.
(updated: 26/Dec/23)

