## Get Moving (CBA4LDF)

Count: 64
Wand: 2
Ebene: Phrased Easy Intermediate Choreograf/in: Guillaume Richard (FR) \& Gregory Danvoie (BEL) - January 2024

Musik: Get Moving - Paper Kings


Intro: 8 Counts. Start at approx 4 secs

Sequence: A, A, B, B, Tag, A, A, B, B, A, B, B (Ending)

Part A: 32c
SEC 1: WALK WALK, $1 \not 14$ SIDE, CROSS, 114 STEP, STEP, PIVOT $1 ⁄ 2$, BACK-LOCK-STEP $1 ⁄ 2$ TURN
1-2 RF step forward, LF step forward
\&3-4 RF step to the R side with $1 / 4$ turn to the $L$, LF cross over RF, RF step forward with $1 / 4$ turn to the R (12:00)
5-6 LF step forward, pivot with $1 / 2$ turn to the $\mathrm{R}(6: 00)$
$7 \& 8 \quad L F$ step to the $L$ side with $1 / 4$ turn to the R, RF cross over LF, LF step back with $1 / 4$ turn to the R (12:00)

SEC 2: STOMP ¼ TURN, SIDE STOMP, RECOVER, BEHIND-SIDE-CROSS HEEL FWD X2, BEHIND-SIDESTEP
\&1-2 RF stomp next to LF with $1 / 4$ turn to the $R$, RF stomp to the $R$ side, recover on LF (3:00)
$3 \& 4 \quad$ RF cross behind LF, LF step to the $L$ side, RF cross over LF
5-6 LF tap heel forward, LF tap heel forward
7\&8 LF cross behind RF, RF step to the side, LF step forward
SEC 3: STEP, HEEL SWIVEL, RECOVER, HOOK, STEP-LOCK-STEP STEP, HEEL SWIVEL, RECOVER, HOOK, STEP-LOCK-STEP
1\&2\& RF step forward, twist LF heel next to RF, LF step to the centre, RF hook
3\&4 RF step forward, LF cross behind RF, RF step forward
5\&6\& LF step forward, twist RF heel next to LF, RF step to the centre, LF hook
7\&8 LF step forward, RF cross behind LF, LF step forward
SEC 4: STEP, MAMBO SWEEP, BACK SWEEP, SAILOR $1 ⁄ 4$ TURN, STEP, PIVOT $1 ⁄ 2$ TURN
1-2\& RF step forward, LF rock forward, recover on RF
3-4 LF step back with a $R$ sweep back, $R F$ step back with a $L$ sweep back
5\&6 LF cross behind RF with $1 / 4$ turn to the L, RF step to the $R$ side, LF step slightly forward (12:00)
7-8 $\quad$ RF step forward, pivot $1 / 2$ turn to the $L(6: 00)$
Part B: 32c
SEC 1: STEP SWEEP, CROSS, MAMBO CROSS, SIDE ROCK, ¼ WEAVE
1-2 RF step forward with a L sweep forward, LF cross over RF
3\&4 RF side rock to the $R$ side, recover on LF, RF cross over LF
5-6 $\quad L F$ side rock to the $L$ side, recover on RF
7\&8 LF cross behind RF, RF step forward with $1 / 4$ turn to the R, LF step forward (3:00)
SEC 2: CHARLESTON STEP, STEP, PIVOT $1 ⁄ 2$ TURN, STEP, PIVOT $1 ⁄ 4$ TURN
1-2
RF step forward, LF kick forward
3-4 LF step back, RF touch back
5-6 RF step forward, pivot with $1 / 2$ turn to the $L$ (9:00)
7-8 RF step forward, pivot with $1 / 4$ turn to the $L$ (6:00)
SEC 3: BALL, SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, SAILOR ¼ TURN

RF step next to LF, LF side rock to the L, recover on RF LF cross over RF, RF step to the $R$ side, LF cross over RF RF side rock, recover on LF

SEC 4: CROSS, BACK ¼ TURN, SIDE CHASSE, ROCK, OUT OUT, TOUCH
1-2 LF cross over RF, RF step back with $1 / 4$ turn to the $L$ ( $6: 00$ )
$3 \& 4 \quad L F$ step to the $L$ side, RF step next to $L F$, $L F$ step to the $L$ side
5-6 RF rock forward, recover on LF
\&7-8
RF step back out, LF step back out, RF touch next to LF
Tag: 8c
ROCKING CHAIR, STEP, PIVOT $1 ⁄ 2$ TURN, STEP, PIVOT $1 ⁄ 2$ TURN
1-2 RF rock forward, recover on LF
3-4 RF back rock, recover on LF
5-6 RF step fwd, pivot $1 / 2$ turn to the $L$
7-8 RF step fwd, pivot $1 / 2$ turn to the $L$
Ending Change the last section of Final Part B to the following CROSS, BACK $1 ⁄ 4$ TURN, SIDE CHASSE, STEP, PIVOT $1 ⁄ 2$ TURN, OUT OUT, TOUCH
1-2 LF cross over RF, RF step back with $1 / 4$ turn to the L
3\&4 LF step to the $L$ side, RF step next to $L F$, $L F$ step to the $L$ side
5-6 $\quad$ RF step forward, pivot $1 / 2$ turn to the $L$
\&7-8 RF step out, LF step out, RF touch next to LF

