Ulveham (Werewolf)

Count: 56

Ebene: Phrased Easy Intermediate

Choreograf/in: Ellen Fyrand (NOR) - February 2024

Musik: Ulveham - Gåte : (Norways contribution to ESC 2024)

Part A: 32 Counts Part B: 24 Counts 1 Tag: 4 Counts 3 Restarts To be danced: A 32 C, A 16 C, Tag 4 C, R1, B 24 C, A 31 C, R2, B 24 C, A 8 C, R3, B 24 C, A 8 C	
Part A: 32c	
Sec 1: R Shuffle	e Back, L Shuffle Back, 1/2 Turn L, Pivot 1/2 Turn L, Step
1&2	On R Diag [4:30] Step Back on RF (1), Step LF Beside (&), Step Back on RF (2)
3&4	On L Diag [7:30] Step Back on LF (3), Step RF Beside (&), Step Back on RF (4)
5-8	1/2 Turn R and Step FW on RF (5), Step FW on LF (6) [6:00]
7-8	1/2 Turn R and Step FW on RF (7), Step FW on LF (8) [12:00]
Sec 2: R Shuffle FW, L Shuffle FW, Jazzbox 1/4 Turn R, Cross	
1&2	On R Diag [1:30] Step FW on RF (1), Step LF Beside (&), Step FW on RF (2)
3&4	On L Diag [10:30] Step FW on LF, (3), Step RF Beside (&), Step FW on LF (4)
5-7	Cross RF in Front (5), Step Back on LF (6), 1/4 Turn R and Step RF to Side (7) [3:00]
8	Cross LF in Front (8)
* On Wall 2 Step	p FW on count 8, do the 4 C Tag, and Restart with Part B
Sec 3: Chassé	1/4 Turn R, Pivot 1/2 Turn R, 1/4 Turn R, Side, Cross, Side, Cross, Side
1&2	Step RF to Side (1), Step LF beside (&), 1/4 Turn R and Step FW on RF (2) [6:00]
3-4	Step FW on LF (3), 1/2 Turn R and Step FW on RF (4) [12:00]
5-6&	1/4 Turn R and Step LF to Side (5), Cross RF back (6), Step LF to Side (&) [3:00]
7-8	Cross RF in Front (7), Step LF to Side (8)
Sec 4: R Cross Shuffle, Side Rock, L Cross Shuffle, Cross, 1/4 Turn R	
1&2	Cross RF in Front (1), Step LF to Side (&), Cross RF in Front (2)
3-4	Rock LF to Side (3), Recover to RF (4)
5&6	Cross LF in Front (5), Step RF to Side (&), Cross LF in Front (6)
	: Touch RF on Count 7 and Restart with Part B
7-8	1/8 Turn R and Cross RF in Front (7), 1/8 Turn R and Step Back on LF (8) [6:00]
Part B: 24c (1. time starts on 9:00 o'clock, 2. time starts on 3:00 o'clock, 3. time starts on 6:00 o'clock) Sec 1: R Volta Full Turn R, Step, L Volta Full Turn L	
1&	Full turn R on a Circle, RF Step FW (1), Step LF Beside (&)
2&3&4&	Repeat Steps (2&3&4&)
5	Step FW on RF (5)
6&	Full Turn L on a Circle, LF Step FW (6), Step RF Beside (&)
7&8&	Repeat Steps (6&7&8&)
•	uffle, Sway L-R, Start Fall Away 3/4 Turn L, Cross, Side, Back, Back, Side, Step
1-2&3	Step FW on LF (1), Step FW on RF (2), Step LF beside (&), Step FW on RF (3)
4-5-6&	Sway L (4), Sway R (5), Cross LF in Front (6), Step RF to Side (&)
7-8	1/8 Turn L and Step Back on LF (7) [7:30], Step Back on RF (8)
&1	1/8 Turn L and Step to Side on LF (&) [6:], 1/8 Turn L and Step FW on RF (1) [4:30]
Sec 3: Continue Fall Away, Step, Side, Back, Back, Side, Step, L Shuffle, Touch R	
2&	Step FW on LF (2), 1/8 Turn L and Step RF to Side (&), [3:00]
3	1/8 Turn L and Step Back on LF (3) [1:30]
4&5	Step Back on RF (4), 1/8 Turn L and Step LF to Side (&) [12:00], Step FW on RF (5)





Wand: 4

6&7-8 Step FW on LF (6), Step RF Beside (&), Step FW on LF (7), Touch RF Beside LF (8) * 3. time Part B the Fall Away will be a Full Turn, starts and ends on Back Wall!!

Tag 4 counts

1&2-3&4 R Mambo FW, L Mambo BW

Restart 1: on Wall 2, dance up to count 16, do the Tag, and Restart with Part B, facing 9:00 Restart 2: on Wall 4, dance up to count 30, Touch RF on count 31 and Restart with Part B, Facing 3:00 Restart 3: facing 6:00 dance Part A up to count 8 and Restart with Part B, starts & ends facing 6:00

Ending: starts facing 6:00 dance Part A up to count 8 and make 1/2 Turn R to face 12:00

Last Update: 22 Feb 2024