

Speed Limit

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Helena Jeppsson (SWE) - March 2024

Musik: 30 KM/H - Lia Larsson



Step touch diagonal x2 forwards, step out, out, in, in

- 1 2 Step RF fwd on right diagonal, touch LF beside RF
- 3 4 Step LF fwd on left diagonal, touch RF beside LF
- 5 6 Step RF out to right side, step LF out to left side
- 7 8 Step RF back to center, step LF beside RF

Step touch diagonal x2 backwards, step out, out, in, in

- 1 2 Step RF back on right diagonal, touch LF beside RF
- 3 4 Step LF back on left diagonal, touch RF beside LF
- 5 6 Step RF out to right side, step LF out to left side
- 7 8 Step RF back to center, step LF beside RF

(Step touch, point, touch) x2

- 1 2 Step RF to right side, touch LF beside RF
- 3 4 Point LF to left side, touch LF beside RF
- 5 6 Step LF to left side, touch RF beside LF
- 7 8 Point RF to right side, touch RF beside LF

Side, hitch, side, hitch, jazzbox ¼ turn R

- 1 2 Step RF to right side, hitch left knee
- 3 4 Step LF to left side, hitch right knee
- 5 6 Cross RF over LF, make a ¼ turn R stepping back on LF
- 7 8 Step RF to right side, cross LF over RF

TAG at the end of walls 3, 4, 7, 10

Hip roll

- 1 2 3 4 Step RF to right side and do a hip roll counter clockwise, weight ends on LF