Car Wash (Chair Dance)

Ebene: Phrased Beginner - Chair Dance

Count: 124 Choreograf/in: Helen Woods (USA) - March 2024 Musik: Car Wash - Rose Royce

Sequence: INTRO AB AB CAB

INTRO: Slap Thighs in rhythm to the beat for 11 sets of 8

- Then start with right leg
- 1-4 March right, left, right, then kick left
- 5-8 March left, right, left, then kick right
- 9-32 Repeat counts 1-8 three more times

SECTION A: March 3, Kick

- March right, left, right, then kick left 1-4
- 5-8 March left, right, left, then kick right
- 9-32 Repeat counts 1-8 three more times

SECTION B: Wax On, Wax Off

- Right Arm moves in a counter clockwise circle 1-8
- 9-16 Left Arm moves in clockwise circle
- 17-24 Circle both arms
- 25-32 Circle both arms in other direction

SECTION C: Arm Reaches and Shimmy

- 1-2 Reach right arm up and across body, return
- 3-4 Reach left arm up and across body, return
- 5-8 Shimmy
- Repeat counts 1-8 six more times 9-56
- 57-58 Reach right arm up and across body, return,
- Reach left arm up and across, return, 59-60





Wand: 0