Count: 32
Wand: 4
Ebene: Improver
Choreograf/in: Silvia Schill (DE) - March 2024
Musik: Messed Up As Me - Keith Urban

## The dance starts after 8 beats

S1: Rock across, chassé r turning $1 / 4 \mathrm{I}$, step, pivot $1 / 4 \mathrm{I}$, cross, point
1-2 Cross left foot over right - weight back on right foot
$3 \& 4 \quad$ Step left with left - move right foot next to left, $1 / 4$ turn left around and step forward with left (9 o'clock)
5-6 Step forward with right - $1 / 4$ turn left around on both balls, weight at the end on left ( 6 o'clock)
7-8 Cross right foot over left - tap left toe to left side
S2: Jazz box turning $1 / 4$ l, touch forward/hip bumps I + r
1-2 Cross left foot over right - $1 / 4$ turn left around and step back with right (3 o'clock)
3-4 Step left twith left - step forward with right
5\&6 Touch left toe in front/swing hips forward, back and forward again (weight at the end on left)
7\&8
Touch right toe in front/swing hips forward, back and forward again (weight at the end on right)
(Restart: On the 4th round - direction 12 o'clock - stop here and start again)
(Restart: In the 6th round - direction 6 o'clock - stop here and start again)
S3: Rock forward, touch back, pivot $1 / 2 \mathrm{I}$, step, kick, coaster step

| $1-2$ | Step forward with left - weight back on the right foot |
| :--- | :--- |
| $3-4$ | Touch left toe backwards $-1 / 2$ turn left around on both balls, weight at the end on left (9 <br> o'clock) |
| $5-6$ | Step forward with right - kick left foot forward <br> $7 \& 8$ |
| Step back with left - move right foot next to left and small step forward with left |  |

S4: Step, pivot $1 / 2 \mathrm{I}$, shuffle forward turning $1 / 2 \mathrm{I}$, rock back, step, pivot $1 / 2 \mathrm{r}$
1-2 Step forward with right - $1 / 2$ turn left around on both balls, weight at the end on left (3 o'clock)
$3 \& 4 \quad 1 / 4$ turn left around and step right with right - move left foot next to right, $1 / 4$ turn left around and step back with right (9 o'clock)
5-6 Step back with left - weight back on the right foot
7-8 Step forward with left - $1 / 2$ turn right around on both balls, weight at the end on right (3 o'clock)
Repeat until the end
Tag (after the end of the 9th round - 3 o'clock)
Cross, point, behind, point
1-2 Cross left foot over right - tap right toe to right side
3-4 Cross right foot behind left - tap left toe to left side

