# Sexy Lady Easy

Ebene: Easy Beginner

Choreograf/in: Shanthie De Mel (AUS) - March 2024

Musik: Sexy Lady - John West & Lange Frans

Begin: 32 Count musical Intro. Start on vocals.

### (1-8) PRISSY WALK. HOLD.

**Count: 32** 

- Cross R over L with both hands on hips & shoulders to right diagonal. Hold. 1, 2
- 3, 4 Cross L over R with both hands on hips & shoulders to left diagonal. Hold.
- 5,6 Cross R over L with both hands on hips & shoulders to right diagonal. Hold.
- 7,8 Cross L over R with both hands on hips & shoulders to left diagonal. Hold. (12:00)

## (9-16) SHIMMY RIGHT & LEFT. TOUCH. HOLD.

- 1, 2 Step R to right shimming shoulders.
- 3, 4 Touch L to R. Hold.
- 5,6 Step L to left shimming shoulders.
- 7,8 Touch R to L. Hold. (12:00)

#### (17-24) STEP BACK WITH HIP BUMP. TOUCH. HOLD.

- 1, 2 Step R back diagonally to right bumping right hip twice. Right hand on hip.
- 3, 4 Touch L to R. Hold.
- 5, 6 Step L back diagonally to left bumping left hip twice. Left hand on hip.
- 7,8 Touch R to L. Hold. (12:00)

# (25-32) MAMBO BACK. PADDLE RIGHT.

- Rock R back. Recover L. 1, 2
- 3, 4 Step R together. Hold.
- 5,6 Step L forward. Turn 1/4 right on R. (3:00)
- Step L forward. Turn 1/4 right keeping weight on L. (6:00) 7,8

#### Smile! Dance with attitude! Have fun!





Wand: 2