Fix Your Own Sandwich



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Linda LeClaire (USA) - April 2024

Musik: Damn Sandwich - Jordan Rainer



Mambo Forward, Mambo Back, Mambo Right, Mambo Left

1 & 2	Rock forward on R, recover on L, step back on R
3 & 4	Rock back on L, recover on R, step forward on L
5 & 6	Step R to right, recover on L, step R to L
7 & 8	Step L to left, recover on R, step L to R

Step Lock Step forward, Mambo forward, Step Lock Step back, 1/4 Sailor left

1 & 2	Step forward on R, lock L behind R, step forward on R
3 & 4	Rock forward on L, recover on R, step back on L *(& hook)
5 & 6	Step back on R, lock R over L, step back R
7 & 8	Turn ¼ left sailor step (sweep L in back of R, step R to side, step L to side)

Side, together, turn 1/2 right, Rock, recover, turn 1/2 left, Cross, side, behind, sweep, behind, side, cross, flick

1 & 2	Step R to right, step L to R, turn ¼ right, stepping R forward
3 & 4	Rock forward on L, recover on R, turn ¼ left, stepping L to left **
5 & 6	Cross R over L, step L to left, step R behind L
7&8&	Sweep L behind R, step R to right, cross L over R, flick R behind L

Rock Back, forward, back, 1/4 sailor left, Sailor in place, 1/4 Sailor left

1 & 2	Rock back on R, forward on L, back on R
3 & 4	Turn ¼ left sailor step (sweep L in back of R, step R to side, step L to side)
5 & 6	Sailor step in place (sweep R in back of L, step L to side, step R to side)
7 & 8	Turn ¼ left sailor step (sweep L in back of R, step R to side, step L to side)

^{*}Restart after 12 counts on Wall 3 (hook R over L by adding an &)

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^{**}Restart after 20 counts on Wall 6