Banca Banca

Ebene: Improver

Count: 32 Choreograf/in: Melvin Tan (MY) - March 2024 Musik: Banca Banca - E-Type

Dance Start after 16 counts

Restart at wall 5 after 16 counts (12:00)

Section 1: Rock Back Recover, Forward Shuffle, Rock Forward Recover, Back Shuffle

- 123&4 Step RF Back, Recover on LF, Forward Shuffle on RF, LF, RF
- 567&8 Step LF Forward, Recover on RF, Back Shuffle on LF, RF, LF

Section 2: Rock Back Half Turn Back Shuffle x2

- Step RF Back, Recover on LF, 1/2L Turn Back Shuffle on RF, LF, RF (6:00) 123&4
- 567&8 Step LF Back, Recover on RF, 1/2R Turn Back Shuffle on LF, RF, LF (12:00)
- ** Restart here at wall 5 **

Section 3: Rock Back, 1/4L Turn, Hip Bump, Rock Back

- 12 Rock RF Back, Recover on LF,
- 3&4 1/4L Turn with touch R toe right, bumping hip right, Step onto R (9:00)
- 5&6 Touch L toe left, bumping hip left, Step onto L
- Step RF back, Recover on LF 78

Section 4: Samba Step x2, Back Shuffle with a small Hip Bump x2

- 1&2 Step RF forward, Rock LF to L, Recover on RF
- 3 & 4 Step LF forward, Rock RF to R, Recover on LF
- 5&6 Back Shuffle with a small hip bump on RF, LF, RF
- 7 & 8 Back Shuffle with a small hip bump on LF,RF,LF (9:00)

Enjoy!

Contact: melvin8888@gmail.com





Wand: 4