Count: 36
Wand: 4
Ebene: Intermediate
Choreograf/in: Hana Ries (USA) - April 2024
Musik: Wasting Your Words - Frank Ray

## Clockwise Rotation

**2 restarts (Walls 3 and 4), 1 Tag (12 counts, wall 6)
Intro 20 counts. Start dancing on words "It's been a minute ... "[~ 0:18]
(Read: R=right foot, L=left foot)
BASIC CHA-CHA SIDE STEP (12:00 $\rightarrow 12: 00$ )
1-2-3-4\& Step $R$ to right, Rock $L$ diagonally forward (slightly across $R$ ), Recover to $R$, Step $L$ to left, Step R next to L
5-6-7-8\& Step $L$ to left, Rock $R$ diagonally back (slightly behind $L$ ), Recover to $L$, Step $R$ to right, Step $L$ next to $R$

STEP SIDE - BEHIND - 1/4 RIGHT FORWARD, $1 / 4$ RIGHT ROCK SIDE, JAZZ SQUARE (12:00 $\rightarrow 6: 00$ )
1-2-3-4 Step $R$ to right, Step $L$ behind $R$, Turn $1 / 4$ right and step $R$ forward, Turn $1 / 4$ right and rock $L$ to left
5-6-7-8 $\quad$ Recover to R, Cross L over R, Step R back, Step L back (feet apart)
ROCK/RECOVER 4 TIMES (6:00 $\rightarrow 6: 00$ )
1-2 Cross rock $R$ over $L$, Recover to $L$
3-4 Cross rock $R$ over $L$, Recover to $L$
5-6 Rock $R$ to right side, Recover to $L$
7-8 Cross rock R over L, Recover to L
Styling: Roll your hips with each "cross rock/recover", and freestyle your arm movements sensually
STEP SIDE - TOGETHER, CHASSE $1 / 4$ RIGHT, HALF PIVOT - HOOK, PRISSY WALK (6:00 $\rightarrow 3: 00$ )

| $1-2-3 \& 4$ | Step $R$ to right, Step $L$ next to $R$, Step $R$ to right, Step $L$ next to $R$, Turn $1 / 4$ right and step $R$ <br> forward |
| :--- | :--- |
| $5-6$ | Step $L$ forward, Turn $1 / 2$ right and hook $R$ over $L$ |
| $7-8$ | Step $R$ forward slightly crossing over $L$, Step $L$ forward slightly crossing over $R$ |

POINT- TOUCH - POINT, DRAG (3:00 $\rightarrow 3: 00$ )
1\&2 Point $R$ to right, Touch $R$ next to $L$, Point $R$ to right
3-4 Slowly drag $R$ towards $L$
Note: Weight is on $L$ throughout this whole section

## REPEAT

R1. RESTART with step change on wall 3 after 16 counts
Wall 3 (6:00 $\rightarrow 12: 00$ )
On wall 3, dance the first 14 counts, then replace the last 2 counts of Jazz Square "Step R back, Step L back (feet apart)" with a cross step:
7-8 Step $R$ to right, Cross $L$ over $R$
Restart from beginning facing 12:00
R2. RESTART on wall 4 after 32 counts (omit the last section: point-touch-point, drag)
Wall 4 (12:00 $\rightarrow 3: 00$ )
Restart from beginning facing 3:00

TAG: 12 count TAG on wall 6 after 32 counts (add after prissy walk facing 9:00) Wall 6 (6:00 $\rightarrow 9: 00$ )
ROCK/RECOVER, WALK BACK, HOP-TOUCH AND CLAP SEVEN TIMES
1-2 Rock R forward, Recover to $L$
3-4\& Step R back, Step L back, Hop R back
5\&a6\&a7,8 Touch L toe next to $R$ while clapping 7 times on counts 5\&a6\&a7, Hold
Styling: Bring your arms up towards the left side of your head when clapping
BALL STEP, JAZZ BOX CROSS
\&1-2-3-4 Step on ball of L, Cross R over L, Step L back, Step R to right, Cross L over R Restart from beginning facing 9:00

Ending: The dance ends on wall 8 after 32 counts facing 3:00, then tempo changes. Ad lib the remaining 20 seconds. © For example: Slow $1 / 4$ pivot left ( $\sim 4$ counts), facing 12:00, then alternate four times [rock/recover, triple step], step out to right side-hold, arms up/down.

