Golden Oldie Easy



Count: 32 Wand: 4 Ebene: Easy Beginner

Choreograf/in: Shanthie De Mel (AUS) - April 2024

Musik: The Older I Get - Clanna: (iTunes & Amazon)



Intro: 32 Count. Start on vocals. Left rotation.

Rumba rhythm = Quick- Quick- Slow throughout. No Tags or Restarts.

(1-8) LOCK STEP FORWARD. HOLD.x2

1.	2	Step R diag	onally forward	to right	Step L together.	
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- 3, 4 Step R diagonally forward to right. Hold.
- 5, 6 Step L diagonally forward to left. Step R together
- 7, 8 Step L diagonally forward. Hold. (12:00)

(9-16) CROSS ROCK. RECOVER. SIDE. HOLD.x2

1, 2	Cross rock R over L Recover L.
3, 4	Step R to right side. Hold.
5, 6	Cross rock L over R. Recover R.
7, 8	Step L to left side. Hold. (12:00)

(17-24) RUMBA HALF BOX BACK.

1 2	Step R to right side Ste	an I tagathar

- 3, 4 Step R back. Hold.
- 5, 6 Step L to left side. Step R together.
- 7, 8 Step L back. Hold. (12:00)

(25-32) SAILOR WITH 1/4 LEFT TURN. STEP. HOLD.

1.	2	Cross F	2 hehind I	Sten I to	left sid	e moving back.
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- 3, 4 Step R to right side. Hold.
- 5, 6 Turning 1/4 left cross L behind R. Step R to right side. (9:00)
- 7, 8 Step L to left side. Hold. (9:00)

NOTE.

There is a 4 count pause in the music after rotation 8 facing 12:00, Continue on hold.

Begin rotation 9 when music continues.

2. To finish facing the front, on the final 10th rotation facing 9:00

Dance the last 4 counts as follows.

FORWARD. TURN 1/4 RIGHT. STEP. HOLD.

29, 30 Step L forward. Turning 1/4 right on R (12:00) step to right side.

31, 32 Step L to left side. Hold. (12:00)

Enjoy the lyrics. Smile. Dance & have fun!