Heavy Metal Thunder



Count: 112 Wand: 0 Ebene: Phrased Advanced

Choreograf/in: Fabian Müller (CH) - May 2022

Musik: Blame It on the Double - Cory Marks



Description Intro 80 Counts, Part A1 48 Counts, Part A2 80 Counts, Part B 32 Counts, Tag 1 16 Counts, Tag 2 48 Counts, Outro 24 Counts

Intro - A1 - 2x B - Tag1 - A2 - 2x B - Tag1 - A2 (64 Counts) - Tag 2 - 3x B - Tag1 - Outro

INTRO: 80c

Sect 1 POLLY-POCKETS, O-TOUCH & SWIVEL, HITCH & SWIVEL, POINT & SWIVEL, HITCH

- 1 2 R heel diagonal forward left and jump back L Jump on R and hitch L (Back to center)
 3 4 L heel diagonal forward right and jump back R Jump on L and hitch R (Back to center)
- 5 6 Swivel L heel to right and touch R with right knee pointing right Swivel L toe right and hitch
- 5 6 Swiver Lineer to right and touch R with right knee pointing right Swiver Litoe right and

R

7 – 8 Swivel L heel to right and point R to side – Hitch R

Sect 2 POLLY-POCKETS, SCUFF, STOMP OUT, STOMP OUT, HOLD

- 1 2 R heel diagonal forward left and jump back L Jump on R and hitch L (Back to center)
- 3 4 L heel diagonal forward right and jump back R Jump on L and hitch R (Back to center)
- 5 6 Scuff R next to L Stomp R to side
- 7 8 Stomp L to side Hold

Sect 3 ½ TOE STRUT TURN, ½ TOE STRUT TURN, ROCK STEP BACK, RECOVER

- 1-2 1/2 Turn right and touch R toe forward Step on R
- 3 4 ½ Turn right and touch L toe back Step on L
- 5 6 Rock step back R Hold
- 7 8 Recover on L Hold

Sect 4 ½ TOE STRUT TURN, ½ TOE STRUT TURN, ROCK STEP FORWARD, RECOVER

- 1 2 ½ Turn left and touch R toe back Step on R
- 3 4 ½ Turn right and touch L toe forward Step on L
- 5 6 Rock step forward R Hold
- 7 8 Recover on L Hold

Sect 5 LOCK STEP BACK, HOOK, LOCK STEP FORWARD, STOMP UP

- 1 2 Step back R Lock L in front of R 3 – 4 Step back R – Hook L in front of R
- 5 6 Step forward L Lock R behind L
- 7 8 Step forward L Stomp up R next to L

Sect 6 4X TOE TOUCHES

1 – 2	Touch R next to L – Step R next to L
3 – 4	Touch L next to R – Step L next to R
5 – 6	Touch R next to L – Step R next to L
7 – 8	Touch I next to R – Step I next to R

Sect 7 GRAPEVINE, SCUFF, GRAPEVINE, SWEEP

- 1 2 Side step R Cross L behind R
- 3 4 Side Step R Scuff L next to R 5 – 6 Side step L – Cross R behind L
- 7 8 Side step L Sweep R

Sect 8 2X VAU	DEVILLE
1 – 2	Cross R in front of L – Side Step L
3 – 4	Diagonal heel forward R – Step slightly back R
5 – 6	Cross L in front of R – Side Step R
7 – 8	Diagonal heel forward L – Step L next to R
	g
Sect 9 ROCK S	STEP FORWARD, RECOVER, STEP BACK, HOLD, COASTER STEP, HOLD
1 – 2	Rock step forward R – Recover L
3 – 4	Step back R – Hold
5 – 6	Step back L – Step R next to L
7 – 8	Step forward L - Hold
Sect 10 ½ TOE	STRUT TURN, ½ TOE STRUT TURN, JUMPING BACK ROCK, RECOVER, STOMP UP,
1 – 2	½ Turn left and touch R toe back – Step on R
3 – 4	½ Turn left and touch L toe forward – Step on L
5 – 6	Jumping back Rock R – Recover L
	. •
7 – 8	Stomp up R next to L – Hold
A1	
Sect 1 SPEED	STOMPS, KICK, FLICK, SPEED STOMPS, KICK, FLICK, SPOMP, POINT
1 a – 2	Stomp R – Stomp L – Kick R forward
3 – 4 a	Flick R back – Stomp R – Stomp L
5 – 6	Kick R forward – Flick R back
7 – 8	Stomp forward R – Point L to side
	HER, POINT, TOGETHER, SCISSOR STEP, SCUFF, HITCH
1 – 2	Step L next to R – Point R to side
3 – 4	Step R next to L – Side step L
5 – 6	Step R next to L – Cross L in front of R
7 – 8	Scuff R next to L – Hitch R
Sect 3 WEAVE	, ¼ TURN ROCK STEP, RECOVER, ¼ TURN SIDE STEP, SCUFF
	Side step R – Cross L behind R
3 – 4	Side step R – Cross L in front of R
5 – 6	1/4 Turn right and rock forward R – Recover L
7 – 8	1/4 Turn right and side step R – Scuff L next to R
7 – 0	74 Turringht and side step IX – Scur E flext to IX
	VILLE, VAUDEVILLE WITH FLICK TURN
1 – 2	Cross L in front of R – Side Step R
3 – 4	Diagonal heel forward L – Step slightly back L
5 – 6	Cross R in front of L – Side Step L
7 – 8	Diagonal heel forward R – ½ Turn right with flick turn (flick R)
Sect 5 STOMP	, HOLD, STOMP, HOLD, STOMP, STEP BACK, HEEL, STEP
1 – 2	Stomp R – Hold
3 – 4	Stomp L – Hold
5 – 6	Stomp up R next to L – Step back R
7 – 8	Heel forward L – Step on L
, – 0	neer lorward L - otep on L
	STOMP OUT, STOMP OUT, ROTATE WITH TOUCH, KNEE-FLOW, JUMPING BACK
ROCK, RECOV	
1 – 2	Scuff R next to L – Stomp out R
3 – 4	Stomp out L – Rotate 1/8 to left and put weight on L, right touch next to L

5 – 6	Make a circle with R knee clockwise starting with pushing knee forward and end with knee forward
7 – 8	Jumping rock step diagonal back R – Recover L
A2	OTOMBO KIOK ELIOK ODEED OTOMBO KIOK ELIOK ODOMB DOINT
	STOMPS, KICK, FLICK, SPEED STOMPS, KICK, FLICK, SPOMP, POINT
1 a – 2	Stomp R – Stomp L – Kick R forward
3 – 4 a	Flick R back – Stomp R – Stomp L
5 – 6	Kick R forward – Flick R back
7 – 8	Stomp forward R – Point L to side
	HER, POINT, TOGETHER, SCISSOR STEP, SCUFF, HITCH
1 – 2	Step L next to R – Point R to side
3 – 4	Step R next to L – Side step L
5 – 6	Step R next to L – Cross L in front of R
7 – 8	Scuff R next to L – Hitch R
	1/4 TURN ROCK STEP, RECOVER, 1/4 TURN SIDE STEP, SCUFF
1 – 2	Side step R – Cross L behind R
3 – 4	Side step R – Cross L in front of R
5 – 6	1/4 Turn right and rock forward R – Recover L
7 – 8	1/4 Turn right and side step R – Scuff L next to R
Sect 4 VAUDE\	/ILLE, VAUDEVILLE WITH FLICK
1 – 2	Cross L in front of R – Side Step R
3 – 4	Diagonal heel forward L – Step slightly back L
5 – 6	Cross R in front of L – Side Step L
7 – 8	Diagonal heel forward R – Flick back R
Sect 5 SPEED	STOMPS, KICK, FLICK, SPEED STOMPS, KICK, FLICK, SPOMP, POINT
1 a – 2	Stomp R – Stomp L – Kick R forward
3 – 4 a	Flick R back – Stomp R – Stomp L
5 – 6	Kick R forward – Flick R back
7 – 8	Stomp forward R – Point L to side
Sect 6 TOGETH	HER, POINT, TOGETHER, SCISSOR STEP, SCUFF, HITCH
1 – 2	Step L next to R – Point R to side
3 – 4	Step R next to L – Side step L
5 – 6	Step R next to L – Cross L in front of R
7 – 8	Scuff R next to L – Hitch R
Sect 7 WEAVE,	1/4 TURN ROCK STEP, RECOVER, 1/4 TURN SIDE STEP, SCUFF
1 – 2	Side step R – Cross L behind R
3 – 4	Side step R – Cross L in front of R
5 – 6	1/4 Turn right and rock forward R – Recover L
7 – 8	1/4 Turn right and side step R – Scuff L next to R
Sect 8 VAUDE\	/ILLE, VAUDEVILLE WITH FLICK
1 – 2	Cross L in front of R – Side Step R
3 – 4	Diagonal heel forward L – Step slightly back L
5 – 6	Cross R in front of L – Side Step L
7 – 8	Diagonal heel forward R – Flick back R
Sect 9 STOMP,	HOLD, STOMP, HOLD, STOMP, STEP BACK, HEEL, STEP
1 – 2	Stomp R – Hold

3 – 4	Stomp L – Hold	
5 – 6	Stomp up R next to L – Step back R	
7 – 8	Heel forward L – Step on L	
	FF, STOMP OUT, STOMP OUT, HOLD, KNEE-FLOW, JUMPING BACK ROCK, RECOVER	
1 – 2	Scuff R next to L – Stomp out R	
3 – 4	Stomp out L – Rotate 1/8 to left and put weight on L, right in touch next to R	
5 – 6	Make a circle with R knee clockwise starting with pushing knee forward and end with knee forward	
7 – 8	Jumping rock step diagonal back R – Recover L	
B: 32c		
	Y-POCKETS, O-TOUCH & SWIVEL, HITCH & SWIVEL, POINT & SWIVEL, HOOK	
1 – 2	R heel diagonal forward left and jump back L – Jump on R and hitch L (Back to center)	
3 – 4	L heel diagonal forward right and jump back R – Jump on L and hitch R (Back to center)	
5 – 6	Swivel L heel to right and touch R with right knee pointing right – Swivel L toe right and hitch R	
7 – 8	Swivel L heel to right and point R to side – Hook R in front of L	
Soot 2 HOOK	, FLICK, CROSS, OUT, HITCH, OUT, ½ TURN HITCH, ½ TURN SCUFF	
1 – 2	Jump on R and hook L in front of R – Flick L to side	
3 – 4	Jumping cross L behind R – Jump out on both feet	
5 – 6	Jump on L and hitch R – Jump out on both feet	
7 – 8	$\frac{1}{2}$ Turn left, jump on L and hitch R – $\frac{1}{2}$ Turn left, jump on L and scuff R next to L	
7 – 0	72 Turn left, jump on L and mitch K = 72 Turn left, jump on L and Scull K hext to L	
	/-POCKETS, CROSSED HEEL, CROSSED TOUCH, CROSSED HEEL, FLICK	
1 – 2	R heel diagonal forward left and jump back L – Jump on R and hitch L (Back to center)	
3 – 4	L heel diagonal forward right and jump back R – Jump on L and hitch R (Back to center)	
5 – 6	R heel diagonal forward left and jump back L – Touch R toe crossed over L (Swivel L heel left)	
7 – 8	R Heel diagonal forward left (Swivel L heel right) – Jump on R and flick L to left	
Sect 4 DOUB	LE KICK, KICK, JUMPING BACK ROCK, RECOVER, FULL TURN, STOMP UP (STOMP)	
1 – 2	Kick forward L – Kick forward L	
3 – 4	Kick forward R – Jumping rock step back R	
5 – 6	Recover L – ½ Turn left and step back R	
7 – 8	½ Turn left and step forward L – Stomp up R next to L / or full stomp R next to L	
When there is	a B is after B, then stomp up. When there is the Tag1 after B, then full stomp.	
Tag 1		
•	DIP (HEEL, TOUCH, HEEL, TOUCH, HEEL, TOUCH, HEEL, TOUCH)	
1 – 2	Jump out with heel forward L and back on toe R – Jump together on L and R touched next to L	
3 – 4	Jump out with heel forward R and back on toe L – Jump together on R and L touched next to R	
5 – 6	Jump out with heel forward L and back on toe R – Jump together on L and R touched next to L	
7 – 8	Jump out with heel forward R and back on toe L – Jump together on R and L touched next to R $$	
Sect 2 HEEL DIP (HEEL, TOUCH, HEEL, TOUCH), ROCK STEP FORWARD, RECOVER, STOMP, HOLD		
1 – 2	Jump out with heel forward L and back on toe R – Jump together on L and R touched next to L	
3 – 4	Jump out with heel forward R and back on toe L – Jump together on R and L touched next to R	
5 – 6	Rock forward L – Recover on R	

7 – 8	Stomp L next to R – Hold	
Tag 2		
Sect 1 STOMF		
1 – 2	Stomp R – Hold	
3 – 4	Stomp L – Hold	
5 – 6	Stomp R – Hold	
7 – 8	Stomp L – Hold	
Sect 2 1/2 TUR	N & STOMP FORWARD, HOLD, STOMP FORWARD, HOLD, STOMP, HOLD 3x	
1 – 2	½ Turn right and stomp forward R – Hold	
3 – 4	Stomp forward L – Hold	
5 – 6	Stomp R next to L – Hold	
7 – 8	Hold – Hold	
Sect 3 DIAGO	NAL SLIDE BACK	
1 – 8	Slide R diagonal back to right and hold	
Sect 4 DIAGO	NAL SLIDE BACK	
1 – 8	Slide L diagonal back to left and hold	
Sect 5 ½ TUR	N & SLIDE FORWARD	
1 – 8	½ Turn right, slide forward R and hold	
Sect 6 SWIVE	T THUNDER (SWIVET, SWIVET EXTENDED, HALF SWIVET BACK, SWIVET, JUMP)	
1 – 2	Swivel R toe to right and L heel to left – Swivel R toe and L heel back to center	
3 – 4	Swivel R toe to right and L heel to left – Swivel R toe to left an L heel to right (feet pointing diagonal to left)	
5 – 6	Swivel R heel to left and L toe to right (feet pointing diagonal to right) – Swivel R heel to right	
	and L toe to left	
7 – 8	Swivel R heel and L toe back to center - Jump	
OUTRO		
Sect 1 POLLY	-POCKETS, O-TOUCH & SWIVEL, HITCH & SWIVEL, POINT & SWIVEL, HITCH	
1 – 2	R heel diagonal forward left and jump back L – Jump on R and hitch L (Back to center)	
3 – 4	L heel diagonal forward right and jump back R – Jump on L and hitch R (Back to center)	
5 – 6	Swivel L heel to right and touch R with right knee pointing right – Swivel L toe right and hitch R	
7 – 8	Swivel L heel to right and point R to side – Hitch R	
Sect 2 POLLY	-POCKETS, SCUFF, STOMP OUT, STOMP OUT, HOLD	
1 – 2	R heel diagonal forward left and jump back L – Jump on R and hitch L (Back to center)	
3 – 4	L heel diagonal forward right and jump back R – Jump on L and hitch R (Back to center)	
5 – 6	Scuff R next to L – Stomp R to side	
7 – 8	Stomp L to side – Hold	
Sect 3 POLLY-POCKETS, O-TOUCH & SWIVEL, HITCH & SWIVEL, POINT & SWIVEL, TOE STAND		
1 – 2	R heel diagonal forward left and jump back L – Jump on R and hitch L (Back to center)	
3 – 4	L heel diagonal forward right and jump back R – Jump on L and hitch R (Back to center)	
5 – 6	Swivel L heel to right and touch R with right knee pointing right – Swivel L toe right and hitch R	
7 0	Out all health wight and maint Dita side. I have an hath to a factor 40.00 (Aft 1	

Swivel L heel to right and point R to side – Jump on both toes facing 13:30 (Michael Jackson Move) $\,$

7 – 8