# Catch My Vibe

**Count:** 32

Ebene: High Beginner

Choreograf/in: Sandy Kerrigan (AUS) - June 2024

Musik: Vibe Check - LONIS & Little League : (iTunes)

Dance Info: Dance starts wt on L- Dance starts on lyrics-16 counts in No Tags or Restarts.

#### Walk Fwd R, Walk Fwd L, Side Ball Change, Walk Fwd R, Fwd Rock Step, Shuffle Back on L 12:00

- 12&34 Walk Fwd R, Walk Fwd L, Ball of R to R Side, Replace wt to L, Walk Fwd R
- 567&8 Rock Fwd L, Replace Back to R, Step Back L, Step R next to L, Step Back on L

## Back Rock Step, Shuffle Fwd, Step, Point, Step, Point 12:00

- Rock Back R, Replace Fwd to L, Step Fwd R, Step L next to R, Step Fwd R 12&34
- 5678 Step Fwd L, Point R Toe to R Side. Step Fwd R, Point L Toe to L Side

## Turning Jazz Box ¼ L, Step Tap, Step Tap Together 9:00

- Cross L over R, ¼ L-Step Back on R, Step L to L Side, Cross R over L 1234
- 5678 Step L to L Side, Tap R next to L, Step R to R Side, Tap L next to R

#### L Fwd V-Step, Step Fwd L-Slow ½ Step Turn R with shoulder shimmy-Flick you head back-wt on L

- 12 Step L out Fwd to L45, Step R out Fwd to R45
- Step L Back to centre, Step R next to L 34
- Step Fwd L, Slow ½ Step Turn R- Shimmy your shoulders/Flick your head backward on cnt 5678 8-wt on L

[32]





Wand: 4