Such Is Life

Count: 32

Ebene: Improver

Choreograf/in: Sheila Kenny (USA) - August 2024

Musik: ASI ES LA VIDA - Enrique Iglesias & Maria Becerra : (Final Vol 2)

Intro 16 sec. Start On Vocals No Tags No Restarts CW

Sec. 1 Rumba Box

- Step LF to Left side, Step RF next to LF, Step LF forward, HOLD 1-4
- 5-8 Step RF to Right side, Step LF next to RF, Step RF back, HOLD

Sec. 2 Syncopated Back Lock Steps, Rock/Recover, Walk x2

- 1&2 Step back on LF, Cross RF in front of LF, Step back on LF
- 3&4 Step back on RF, Cross LF in front of RF, Step back on RF
- Rock back on LF, Recover weight on RF 5,6
- Walk forward on LF then RF 7,8

Sec. 3 Samba Whisks x 2, 1/8 Pivot turns x 2

- Cross and step ball of LF behind RF, Recover on RF, Step LF to Left side 1&2
- 3&4 Cross and step ball of RF behind LF, Recover on LF, Step RF to Right side
- 5,6 Pivot turn 1/8 to Right (1:30) stepping LF forward, Recover on RF
- 7,8 Pivot turn 1/8 to Right (3:00) Stepping LF forward, Recover on RF

Sec. 4 Rock/Recover, Back Coaster, Jazz Box

- 1,2 Rock forward on LF, Recover weight on RF
- 3&4 Step back on LF, Step RF next to LF, Step LF forward
- 5-8 Cross RF over LF, Step back on LF, Step RF to Right side, Touch Left Toe to side of RF

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Last Update: 8 Jun 2025





Wand: 4