# When I Let Loose

Ebene: Intermediate

Choreograf/in: Madison Spears (USA) & Brady Spears (USA) - April 2024 Musik: Can't Help Myself - Dean Brody & The Reklaws

## \*\*2x 16 count Tags - Walls 1 & 4

\*\*2 Restarts - Walls 3 & 7

**Count:** 32

### TAG 16 Counts

Tag Section 1: Step R, Step L, Shuffle R, Step L, Step R, Shuffle L		
1	Step R out to R side while picking up the L foot	
2	Step L out to L side picking up the R foot	
3&4	Step R out to R side, step L to R, Step R out to R side	
5	Step L out to L side while picking up the R foot	
6	Step R out to R side while picking up the L foot	
7&8	Step L out to L side, Step R to L, Step L out to L side	

### Tag Section 2: Heel Grind ¼ turn, Coaster, Rock, Coaster

1-2 Step R heel down and use the heel to turn 1/4 to the R 3 Step R back & Step L to R 4 Step R forward 5 Rock forward on L 6 Recover R 7 Step L back & Step R to L 8 Step L forward **END OF TAG** 

#### Section 1: Heel Taps, Weave, Heel Taps, Weave

1-2	2 Taps on R heel		
3	Cross R behind L		
&	Step L foot out to L side		
4	Cross R over L		
5-6	2 Taps on L heel		
7	Cross L behind R		
&	Step R foot out to R side		
8	Cross L over R		
*OPTION: You	can add claps on the "&" beats of the heel taps!		
Section 2: Rock, Shuffle Back, Heel Grind w/ ½ turn, Coaster			

Rock forward on R 1 2 Recover L 3 Step R back & Step L to R 4 Step R Back 5-6 Step back on L heel and do a 1/2 turn to opposite wall 7 Step L back & Step R to L Step L forward 8 \*2nd restart will happen here on Wall 7





Wand: 4

Section 3: Shuffle, Full Turn over R shoulder, Shuffle, Full Turn over L shoulder		
1 Step R forward		
& Step L to R		
2 Step R forward		
3-4 Full turn over R shoulder		
5 Step L forward		
& Step R to L		
6 Step L forward		
7-8 Full turn over L shoulder		
*1st restart will happen after this step on Wall 3		
Section 4: V Step, Sailor Step, Sailor ¼ turn		
1 Step R foot diagonally forward		
2 Step L foot diagonally forward		
3 Bring R foot back to center		
4 Bring L foot back to center		
5 Swing R foot behind L		
& Step weight onto L foot		
6 Step R out to R side		
7 Step L behind R		
& Step weight onto R foot		
8 Step L out to L side while turning <sup>1</sup> / <sub>4</sub> to the left		
*Tags will both happen after this step on Walls 1 & 4		
Last Update - 23 Aug. 2024 - R1		