Low Low

Count: 32

Ebene: Beginner

Choreograf/in: Mama G (MY) - September 2024 Musik: Low (feat. T-Pain) - Flo Rida

Intro: 32 counts - No restarts, no tags

PART 1: VINE RIGHT, TOUCH, VINE LEFT, TOUCH

- Step RF to right side, cross LF behind RF 1-2
- 3-4 Step RF to right side, touch LF next to RF
- 5-6 Step LF to left side, cross RF behind LF
- 7-8 Step LF to left side, touch RF next to LF

PART 2: STEP FORWARD PIVOT ½ TURN LEFT, STEP FORWARD PIVOT ¼ TURN LEFT, V-STEP OUT-OUT IN-IN

- 1-2 Step forward RF, 1/2 turn to the left
- 3-4 Step forward RF, ¼ turn to the left (weight on LF)
- 5-6 Step RF out on right diagonal, step LF out on left diagonal
- 7-8 Step RF back to center, step LF next to RF.

PART 3: ¼ RIGHT JAZZ BOX. RIGHT HEEL TOGETHER. LEFT HEEL TOGETHER

- Cross RF over LF, step back on LF 1/4 turn right 1-2
- 3-4 Step RF to right side, step LF forward
- 5-6 Tap right heel forward, step back RF next to LF
- 7-8 Tap left heel forward, step back LF next to RF

PART 4: RIGHT ROCK RECOVER, 1/4 LEFT STEP TURNS 3 TIMES

- 1-2 Step RF to right side, recover weight on LF
- 3-4 Step RF forward, 1/4 turn left (change weight to LF)
- 5-6 Step RF forward, ¼ turn left (change weight to LF)
- 7-8 Step RF forward, 1/4 turn left (change weight to LF)

Enjoy and happy dancing!

Last Update: 21 Sep 2024





Wand: 4