

The Only Lie

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Uli Elfrida (INA) - October 2024

Musik: The Only Lie I Ever Loved (feat. Olivia Douglas) - Derek Ryan



Section 1 : Walk Fwd, Rocking Chair, Walk Fwd, 1/4L Walk Fwd, 1/4L Fwd Shuffle, Together

- 1 2 Step R forward, step L forward
- 3 & 4 & Rock R fwd, recover on L, rock R back, recover on L
- 5 6 Step R forward, 1/4 turn left stepping L forward (9.00)
- 7 & 8 & 1/4 turn left stepping R fwd, step L next to R, step R fwd, step L together (6,00)

Section 2 : Side Rock, Rec, Behind, Side, Cross, Touch, Side Rock, Rec, Behind, 1/4R Fwd, Fwd

- 1 2 Rock R to right side, recover on L
- 3&4& Step R behind L, step L to left side, cross R over L, touch L next to R
- 5 6 Rock L to left side, recover on R
- 7&8 Step L behind R, 1/4 turn right stepping R forward, step L forward (9.00)

Section 3 : Heel, Heel, Coaster Step, Heel, Heel, Back, 1/2R Forward, Forward

- 1 2 Touch R heel forward twice
- 3 & 4 Step R back, step L together, step R forward
- 5 6 Touch L heel forward twice
- 7 & 8 Step L back, 1/2 turn right stepping R forward, step L forward (3.00)

Section 4 : Modified Jazz Box, Hitch, Side, Drag, Kick Ball Step

- 1 2 Cross R over L, step L back
- 3 & 4 Step R to right side, step L together, step R to right side
- & 5 6 Hitch L, big step L to left side with drag R next to L
- 7 & 8 Kick R forward, step R in place, step L together

Happy Dancing!

Contact : ulielfridaksp@gmail.com