# Yes, I'm a mess

**Count: 32** 

Ebene: Low Intermediate

Choreograf/in: Christie Lim (MY) & Peter Reber (SA) - October 2024 Musik: Yes I'm A Mess - AJR

Intro: 16 count

### Sequence: 32 32 Tag\_A 16 32 32 Tag\_A 16 32 Tag\_B (6 count) 19

#### S 1: Side, Together, Fwd (x2), Hip bump, <sup>1</sup>/<sub>2</sub> turn Hip bump

- 1&2 Rf Side, Together, Rf fwd
- 3 & 4 Lf Side, Together, Lf fwd
- 56 R Hip bump, Rf step
- 78 1/2 turn L hip bump, Lf step fwd (06:00)

#### S 2: Dorothy Step (x2), Fwd, Recover, Back, Coaster step

- 12& Rf step diagonally fwd, Lf next to Rf, Rf step diagonally fwd
- 34& Lf step diagonally fwd, Rf next to Lf, Lf step diagonally fwd
- Rf step fwd, Recover, Rf step back 5&6
- 7 & 8 Lf step back, Together, Lf fwd

#### S 3: Step R, Sailor step R, Sailor L ¼ turn R, Jazz box

- 1 Step Rf to R.
- 2&3 Step Lf behind Rf, Step Rf to R, Step Lf to L
- 4 & 5 Step Rf behind Lf ¼ turn R, Step Lf to L, Step Rf fwd (09:00)
- 678 Cross Lf over Rf. Step Rf back. Step Lf fwd ¼ turn L (06:00)

## S 4: Pivot ½ turn L (x2), Out-Out (heels), In-In, Heel swivel

- 12 Step Rf fwd, Pivot <sup>1</sup>/<sub>2</sub> turn L (12:00)
- 34 Step Rf fwd, Pivot <sup>1</sup>/<sub>2</sub> turn L (06:00)
- 5&6& Step R heel fwd & out (diagonal), Step L heel fwd & out (diagonal), Rf back (to center), Lf back (together)
- 78 Heels out, Heels together

## Tag\_A: Sway, sway (2 count)

12 Rf step R, Weight back to Lf

#### Tag\_B: Back, Back, Spiral unwind [Note: the music slows down at this point]

- Step back Rf, Step back Lf 12
- 3456 Cross Rf over L, Unwind (3 counts) (06:00)

Finish on count 19 on the last wall

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**Wand:** 2