

# Started Stoppin'

Count: 32

Wand: 2

Ebene: Improver/Improver +

Choreograf/in: Alan Birchall (UK) & Jacqui Jax (UK) - November 2024

Musik: Started Stoppin' - Mitchell Tenpenny



**Start: On The Word 'ME' Seconds: 5 Counts: 8 BPM: 100**

## **CROSS ROCK, RECOVER, ¼ SIDE SHUFFLE, STEP ½ PIVOT, WALK, WALK**

- 1-2 Cross Rock Right Over Left, Recover On Left  
3&4 Step Right To Right, Step Left By Right, ¼ Turn Right Stepping Forward On Right (03:00)  
5-6 Step Forward On Left, Make ½ Pivot Turn Right (09:00)  
7-8 Step Forward Left, Step Forward Right Alt: Full Turn Right

## **ROCK, RECOVER, COASTER STEP, JAZZ BOX, CROSS**

- 9-10 Rock Forward On Left, Recover On Right  
11&12 Step Back On Left, Step Right By Left, Step Forward On Left Alt: Full Triple Turn Left  
13-14 Cross Right Over Left, Step Back On Left  
15-16 Step Right To Right, Cross Left Over Right

## **SWAY, RECOVER, BEHIND, SIDE, CROSS, ¼ SWAY, RECOVER, COASTER STEP**

- 17-18 Sway Right To Right, Recover On Left (Optional Body Roll)  
19&20 Cross Right Behind Left, Step Left To Left, Cross Right Over Left  
21-22 Sway Left To Left, Make ¼ Turn Left Recover On Right  
23&24 Step Back On Left, Step Right By Left, Step Forward On Left (06:00)

## **CROSS, POINT X 2, WEAVE LEFT**

- 25-26 Cross Right Over Left, Point Left To Left,  
27-28 Cross Left Over Right, Point Right To Right  
29-30 Cross Right Over Left, Step Left To Left Alt: Reverse Turn (see below)  
31-32 Cross Right Behind Left, Step Left To Left

**Tag & Restart Here End of Wall 5**

## **START AGAIN**

### **ALT: REVERSE TURN (Counts 29-32)**

#### **CROSS, ¼ TURN, ½ TURN, ¼ TURN**

- 29-30 Cross Right Over Left, ¼ Turn Right Stepping Back On Left (09:00)  
31-32 ½ Turn Right Stepping Forward On Right, ¼ Turn Right Stepping Left To Left (06:00)

### **TAG & RESTART: END OF WALL 5 (06:00)**

#### **CROSS ROCK. RECOVER. SIDE SHUFFLE X 2**

- 1-2 Cross Rock Right Over Left, Recover On Left  
3&4 Step Right To Right, Step Left By Right, Step Right To Right  
5-6 Cross Rock Left Over Right, Recover On Right  
7&8 Step Left To Left, Step Right By Right, Step Left To Left

**Last Update: 16 Nov 2024**