Shuffle Truffle



Count: 32 Wand: 4 Ebene: Beginner

Choreograf/in: Sue Korek (USA) - 29 November 2024

Musik: I Had Some Help (feat. Morgan Wallen) - Post Malone

oder: What Makes You Beautiful - One Direction



Alternate Music:

What Makes You Beautiful (One Direction--11 September 2011) bpm=125, Intro: 16 counts on lyric

"Insecure..."

No tags, no restarts

Intro: 32 counts

Section 1 (WALK, WALK, SHUFFLE FWD; ROCK FWD, ROCK BACK, 1/4 TURN SHUFFLE LRL)

1-2 Step R forward, step L forward

3&4 Shuffle forward RLR

5-6 Rock L forward, rock R back 7&8 1/4 turn left shuffle forward LRL

Section 2 (ROCKING CHAIR, SHUFFLE FWD, SHUFFLE FWD)

1-2 Rock R forward, recover L3-4 Rock R backward, recover L

5&6 Shuffle forward RLR7&8 Shuffle forward LRL

Section 3 (FORWARD RIGHT RUMBA BOX WITH SHUFFLES)

1-2 Step R to right side, step L beside R

3&4 Shuffle forward RLR

5-6 Step L to left side, step R beside L

7&8 Shuffle backward LRL

Section 4 (ROCK, SHUFFLE BACK, ROCK, SHUFFLE FWD)

1-2 Rock R forward, recover L

3&4 Shuffle back RLR

5-6 Rock L back, recover R7&8 Shuffle forward LRL

Enjoy the shuffle truffle!

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