Bi SaRaHa

Count: 32

Ebene: Improver

Choreograf/in: Andrico Yusran (INA) - January 2025

Musik: Abeer Nehme - Bi Saraha | عبير نعمة - بصراحة

Restart : On wall 3 & 7 after 16 counts

Start dance after intro music 16 counts

S1. *WALK - WALK - BASIC NIGHT CLUB - SWAY (R-L)*

- Step R forward, 1/2 turn to L recover 1-2
- 3-4-& Slightly R to side, close L behind R, cross R over L
- 5-6-& Slightly L to side, close R behind L, cross L over R
- 7-8 Side R to side with sway R - L

S2. *1/2 PIVOT TURN L - 1/2 TURN L (sweep) - BEHIND - SIDE - CROSS - RECOVER - SIDE - CROSS -RECOVER - SIDE - CROSS (sweep)*

- 1&2 Step forward R, 1/2 turn to L recover, 1/2 R forward turn to L with sweep L from front to back
- Cross L behind R , side R to side , cross L over R 3&4
- 5&6 Recover on R, side L to side, cross R over L
- 7&8 Recover on L, side R to side, cross L over R with sweep R from back to front

(Restart here on wall 3 & 7)

S3. *CROSS - SIDE - BEHIND - 1/4 TURN L - BEHIND - 1/2 CHASE TURN L - FULL TURN R - LOCK SHUFFLE FORWARD*

- 1-2-&-3 Step cross R over L, side L to side, cross R behind L, 1/4 L turn to L forward
- 4&5 Forward R , 1/2 turn to L recover , forward R
- 6-& Forward L , full R turn to R forward
- 7&8 Forward L, lock R behind R, L forward

S4. *ROCK RECOVER - BACK (sweep) (RLR) - COASTER STEP - SIDE POINT (hands style)*

- 1-& Step forward R, recover on L
- 2-3-4 Back R with sweep L from front to back , Back L with sweep R from front to back , Back R with sweep L from front to back
- 5&6 Back L , close R beside L , forward L
- 7&8 Side point R to side with hand R straight forward, and hand L straight forward, and both hands cross front the chest

(options : free style & pose)

(Start from the top)

Have Fun & Enjoy it ! Dancing with Your Heart...♥ Contact : ricoyusran@yahoo.com





Wand: 4