Whirlwind

Count: 32

Ebene: Beginner

Choreograf/in: Mary Pentangelo (USA) - February 2025

Musik: Whirlwind - Lainey Wilson

Intro is 20 counts - Starts with right foot, weight on left on word "lone"

[1-8] RF Shuffle Fwd, LF Shuffle Fwd, RF V Step

- RF step fwd, LF step next to RF, RF step fwd 1&2
- 3&4 LF step fwd, RF step next to LF, LF step fwd
- RF step fwd to diagonal, LF step fwd to diagonal, RF step back to center, LF step next to RF 5-8

[9-16] RF Shuffle Back, LF Shuffle Back, Hip Rocks

- 1&2 RF step back, LF step next to RF, RF step back
- 3&4 LF step back, RF step next to LF, LF step back
- 5-8 RF step to side for hip rocks right, left, right, left

[17-24] RF Side Shuffle, LF Rock Recover, LF Step Side, RF Tap, Point, Tap

- 1&2 RF step side, LF step next to RF, RF step side,
- 3-4 LF rock back, recover on RF
- LF step side, RF tap next to LF, RF point to side, RF tap next to LF 5-8

[25-32] Heel Sequence, Heel Dig/Grind 1/4 turn

- 1& RF heel tap fwd, replace next to LF
- 2& LF toe tap back, replace next to RF
- 3& RF toe tap back, replace next to LF
- 4& LF heel tap fwd, replace next to RF
- 5& RF heel tap fwd, replace next to LF
- 6& LF heel tap fwd, replace next to RF
- 7-8 RF heel dig/grind fwd with 1/4 turn over left shoulder to new wall

Thank you for checking out my dance! www.heartandsoullinedance.com





Wand: 4