

Aku Dah Lupa

COPPER KNOB
STEPSHEETS

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Yovita (INA) - March 2025

Musik: Aku Dah Lupa - Zia & Mikky



Intro 16 counts - No Tags / No Restarts

S1 : STEP FORWARD, TOUCH, HOLD, BUMP 2X

- 1-2 Step RF forward & touch LF next to RF, Hold
- &3-&4 Bumping hips L-R-L-R
- &5-6 Step LF backward, Touch RF next to LF, Hold
- &7-&8 Bumping hips R-L-R-L

S2 : SIDE MAMBO R-L, WALK R-L, FORWARD LOCK STEP

- 1&2 Rock RF to the R side , Recover on LF, Step RF next to LF
- 3&4 Rock LF to the L side , Recover on RF, Step LF next to RF
- 5-6 Step RF forward, Step LF forward
- 7&8 Step RF forward, Lock LF behind RF, Step RF forward

S3 : 1/2 TURNING PADDLES, SAILOR, 1/4 SAILOR TURN

- 1&2& Turn 1/8 to R, Rock LF to L side, Recover on RF, Turn 1/8 to R, rock LF to L side, Recover on RF
- 3&4 Turn 1/8 to R, rock LF to L side, Recover on RF, Turn 1/8 to R, rock LF to L side
- 5&6 Step RF behind LF, Step LF to L side, Step RF to R side
- 7&8 Step LF behind RF, Turn 1/4 L Stepping RF next to LF, Step LF forward

S4 : HIP STEP R-L, JAZZBOX

- 1-2 Touch RF forward bumping hips R, Step forward on RF
- 3-4 Touch LF forward bumping hips L, Step forward on LF
- 5-6 Cross RF over LF, Step LF back
- 7-8 Step RF to R side, Step LF forward

Have Fun...

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