

# Broccoli

Count: 64

Wand: 4

Ebene: Phrased Improver

Choreograf/in: GoWildWest Isabel (CH) - March 2025

Musik: Broccoli - McFly



**Phrased : A\* B T1 BB T2 A B T1 BBB A BBB**

**Intro: 1 x 8 counts wait**

**Part : A\* (only 24 counts)**

**Tags : Tag 1 = 2x side touch with clap / Tag 2 = 4 slide back with RF, close with LF**

**Ending: unwind turn left**

## A

### Part 1: 4x scuff, step

- 1, 2 RF scuff, RF step forward and clap hands
- 3, 4 LF scuff, RF step forward and clap hands
- 5-8 repeat 1-4

### Part 2: rockin chair, paddle ¼ turn

- 1, 2 RF rock for, weight back on LF
- 3, 4 RF rock back, weight back on LF
- 5, 6 RF rock for, begin the paddle turn left, weight back on LF
- 7, 8 RF rock for, turn left (now you have ¼), weight back on LF

### Part 3 + 4: repeat part 1 + 2

**Part A\* has only 24 counts : first time directly start here in Part B**

## B

### Part 5: Chasse right, toe strut back, heel and heel and step, scuff

- 1&2 RF side right, close with LF, RF side right
- 3, 4 LF toe back, LF strut
- 5&6& RF heel, jump on RF, LF heel, jump on LF
- 7, 8 RF step forward, LF scuff

### Part 6: toe strut side left, toe strut cross left, chasse left, back rock

- 1, 2 LF toe, LF strut
- 3, 4 RF cross before LF with toe, RF strut
- 5&6 chasse left : LF side left, close with RF, LF side left
- 7, 8 RF diagonal back rock (Face to 1)

### Part 7 : 2x kick ball cross right, kneebounce toe strut turn first ¼ right then ½ left

- 1&2 RF kick and go forward, weight back on RF, step with LF cross before RF (do this little bit diagonal Face to 1)
- 3&4 repeat 1+2
- 5 now you turn ¼ right and bring RF forward, weight only on the both toes
- 6, 7 bounce with your knees and make a ½ turn left
- 8 on count 8 you have weight full on RF

### Part 8 : 2x toe strut back, coaster step, scuff

- 1, 2 LF toe, LF strut backwards
- 3, 4 RF toe, RF strut backwards
- 5, 6 LF step back, RF close
- 7, 8 LF step forward, RF scuff

Have so much Fun ☐

---